Effective - September 7, 2026

338 East Fraser Heights / 338 Guildford

From Guildford Exchange layover stop via Lincoln Dr, 105 Ave, 150 St, 104 Ave, 160 St, 104 Ave, cont Golden Ears Connector to 177A St at 101A Ave.

From 177A St at 101 Ave via 177A St, Barnston Dr E, cont 168 St, 104 Ave, 160 St, 104 Ave, 150 St to Guildford Exchange layover.

Guildford Exchange Bay 1 (E)	177A St at 101A Ave(E)
MON TO FRI	
7.01	7.17
7.31	7.48
8.01	8.18
8.31	8.48
9.01	9.18
9.31	9.48
10.01	10.18
10.31	10.48
11.01	11.18
11.31	11.48
12.01	**12.18**
12.31	**12.48**
1.01	**1.18**
1.31	**1.48**
2.01	**2.18**
2.32	**2.50**
3.02	**3.22**
3.32	**3.52**
4.02	**4.22**
4.32	**4.52**
5.02	**5.22**
5.32	**5.50**
6.02	**6.19**
6.31	**6.48**
7.01	**7.17**
7.31	**7.46**
8.01	**8.16**
8.31	**8.46**
9.01	**9.16**
SATURDAY	
8.04	8.22
8.32	8.50
9.02	9.20
9.32	9.50
10.02	10.22
10.32	10.52
11.02	11.22
11.32	11.52
12.01	**12.16**
12.31	**12.48**
1.01	**1.18**
1.31	**1.48**
2.01	**2.18**
2.31	**2.48**
3.01	**3.18**
CONTINUED	

Guildford Exchange Bay 1 (E)	177A St at 101A Ave(E)
SATURDAY	
.... CONTINUED	
3.31	**3.48**
4.01	**4.18**
4.32	**4.49**
5.02	**5.19**
5.31	**5.48**
6.01	**6.17**
6.31	**6.47**
7.01	**7.16**
7.31	**7.46**
8.01	**8.15**
SUN & HOL	
8.01	8.15
8.31	8.45
9.01	9.15
9.31	9.45
10.01	10.15
10.31	10.45
11.01	11.15
11.31	11.45
12.01	**12.15**
12.31	**12.46**
1.01	**1.17**
1.31	**1.47**
2.01	**2.17**
2.31	**2.47**
3.01	**3.17**
3.31	**3.47**
4.01	**4.17**
4.31	**4.47**
5.01	**5.17**
5.31	**5.46**
6.01	**6.16**
6.31	**6.46**
7.01	**7.16**

177A St at 101A Ave #60450	Guildford Exchange(E)
MON TO FRI	
7.17	7.35
7.48	8.06
8.18	8.38
8.48	9.08
9.18	9.36
9.48	10.04
10.18	10.34
10.48	11.04
11.18	11.34
11.48	**12.04**
12.18	**12.35**
12.48	**1.05**
1.18	**1.35**
1.48	**2.05**
2.18	**2.35**
2.50	**3.07**
3.22	**3.40**
3.52	**4.13**
4.22	**4.41**
4.52	**5.11**
5.22	**5.40**
5.50	**6.08**
6.19	**6.36**
6.48	**7.05**
7.17	**7.33**
7.46	**8.01**
8.16	**8.31**
8.46	**9.01**
9.16	**9.30**
SATURDAY	
8.22	8.36
8.50	9.04
9.20	9.34
9.50	10.04
10.22	10.36
10.52	11.09
11.22	11.39
11.52	**12.09**
12.16	**12.33**
12.48	**1.05**
1.18	**1.35**
1.48	**2.05**
2.18	**2.35**
2.48	**3.06**
3.18	**3.36**
CONTINUED	

177A St at 101A Ave #60450	Guildford Exchange(E)
SATURDAY	
.... CONTINUED	
3.48	**4.06**
4.18	**4.35**
4.49	**5.06**
5.19	**5.36**
5.48	**6.05**
6.17	**6.34**
6.47	**7.04**
7.16	**7.32**
7.46	**8.01**
8.15	**8.29**
SUN & HOL	
8.15	8.31
8.45	9.01
9.15	9.31
9.45	10.01
10.15	10.31
10.45	11.01
11.15	11.32
11.45	**12.02**
12.15	**12.32**
12.46	**1.03**
1.17	**1.34**
1.47	**2.04**
2.17	**2.34**
2.47	**3.02**
3.17	**3.32**
3.47	**4.02**
4.17	**4.32**
4.47	**5.02**
5.17	**5.32**
5.46	**6.01**
6.16	**6.31**
6.46	**7.00**
7.16	**7.29**