Effective - September 7, 2026

152 Lougheed Station

From Coquitlam Central Station via Lougheed, Dewdney Trunk, Mariner; except some trips via Lougheed, Chilko, Mariner; then all trips via Mariner, Hickey, Austin, Blue Mountain, Rochester, Guilby, Austin, Gatineau to Lougheed Station.

W

Coquitlam Central Station Bay 10	Chilko at Sharpe (E) #53461	Austin at Hickey (E) #53475	Lougheed Station (E)
MONDAY TO FRIDAY			
5.20	-	5.35	5.49
5.37	5.40	5.51	6.06
5.55	-	6.10	6.25
6.13	6.16	6.27	6.42
6.28	-	6.42	6.56
6.41	6.44	6.56	7.11
6.59	-	7.15	7.31
7.10	7.14	7.26	7.42
7.27	-	7.44	8.01
7.47	7.51	8.04	8.21
8.02	-	8.19	8.36
8.19	8.23	8.35	8.51
8.32	-	8.48	9.03
8.53	8.57	9.09	9.25
9.23	-	9.39	9.55
9.53	-	10.09	10.25
10.22	-	10.38	10.54
10.52	-	11.08	11.24
11.22	-	11.38	11.54
11.57	-	12.13	12.29
12.27	-	12.43	12.59
12.57	-	1.13	1.29
1.26	-	1.43	2.00
1.56	-	2.14	2.31
2.21	-	2.39	2.56
2.35	-	2.53	3.10
2.55	2.59	3.12	3.30
3.12	-	3.30	3.47
3.26	3.30	3.43	4.01
3.42	-	4.00	4.18
4.01	4.05	4.18	4.35
4.12	-	4.29	4.46
4.34	4.38	4.50	5.07
4.41	-	4.58	5.14
4.56	5.00	5.12	5.29
5.11	-	5.28	5.44
5.26	5.30	5.42	5.59
5.47	-	6.04	6.20
5.56	6.00	6.12	6.28
6.10	-	6.26	6.42
6.31	-	6.47	7.02
6.57	-	7.13	7.28
7.12	-	7.27	7.42
7.42	-	7.57	8.12
8.11	-	8.26	8.41
8.40	-	8.54	9.08
9.40	-	9.53	10.06
10.39	-	10.52	11.05
11.47	-	12.00	12.13

Coquitlam Central Station Bay 10	Chilko at Sharpe (E) #53461	Austin at Hickey (E) #53475	Lougheed Station (E)
SATURDAY			
6.28	-	6.41	6.53
7.25	-	7.40	7.55
7.55	-	8.10	8.25
8.25	-	8.40	8.55
8.55	-	9.12	9.28
9.25	-	9.42	9.58
9.55	-	10.12	10.28
10.25	-	10.42	10.58
10.55	-	11.12	11.28
11.15	-	11.32	11.49
11.35	-	11.52	12.09
11.55	-	12.12	12.29
12.15	-	12.32	12.49
12.35	-	12.53	1.10
12.55	-	1.13	1.30
1.15	-	1.33	1.50
1.35	-	1.53	2.10
1.55	-	2.13	2.30
2.15	-	2.33	2.51
2.35	-	2.53	3.11
2.54	-	3.12	3.30
3.15	-	3.33	3.51
3.35	-	3.53	4.11
3.54	-	4.12	4.30
4.15	-	4.33	4.51
4.35	-	4.53	5.11
4.54	-	5.12	5.30
5.15	-	5.33	5.51
5.35	-	5.52	6.09
5.55	-	6.12	6.29
6.25	-	6.42	6.59
6.55	-	7.11	7.26
7.25	-	7.41	7.56
7.55	-	8.10	8.25
8.25	-	8.40	8.55
8.55	-	9.10	9.25
9.55	-	10.10	10.25
10.55	-	11.08	11.21
11.55	-	12.08	12.21

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152 Coquitlam Central Station

From Lougheed Station via Gatineau, North Rd, Austin, Guilby, Rochester, Blue Mountain, Austin, Hickey, Mariner; then some trips via Chilko, Lougheed, Dewdney Trunk; then all trips via Mariner, Barnet, Station access road to Coquitlam Central Station.

Lougheed Station Bay 2	Hickey at Austin (E) #53413	Chilko at Mariner (E) #53431	Coquitlam Central Station (E)
MONDAY TO FRIDAY			
5.50	6.03	6.08	6.18
6.12	6.25	-	6.40
6.28	6.41	6.46	6.56
6.48	7.01	-	7.16
7.03	7.18	7.24	7.36
7.18	7.34	-	7.51
7.37	7.52	7.58	8.10
7.50	8.06	-	8.23
8.10	8.26	8.33	8.46
8.26	8.43	-	9.02
8.41	8.57	9.04	9.17
9.10	9.28	-	9.48
9.38	9.56	-	10.16
10.07	10.25	-	10.45
10.37	10.55	-	11.15
11.06	11.24	-	11.44
11.38	11.56	-	**12.16**
12.08	**12.26**	-	**12.46**
12.38	**12.56**	-	**1.16**
1.08	**1.26**	-	**1.46**
1.38	**1.56**	-	**2.16**
2.08	**2.26**	-	**2.46**
2.38	**2.57**	-	**3.17**
2.58	**3.17**	-	**3.37**
3.10	**3.27**	**3.34**	**3.47**
3.25	**3.43**	-	**4.02**
3.52	**4.09**	**4.16**	**4.29**
3.59	**4.17**	-	**4.36**
4.09	**4.27**	**4.34**	**4.48**
4.24	**4.43**	-	**5.03**
4.40	**4.58**	**5.06**	**5.20**
4.55	**5.13**	-	**5.33**
5.15	**5.31**	**5.38**	**5.51**
5.23	**5.40**	-	**5.59**
5.40	**5.56**	**6.03**	**6.16**
5.54	**6.11**	-	**6.30**
6.12	**6.28**	**6.35**	**6.47**
6.25	**6.42**	-	**7.00**
6.39	**6.53**	**6.59**	**7.10**
6.55	**7.10**	-	**7.26**
7.09	**7.23**	-	**7.38**
7.45	**7.59**	-	**8.14**
8.15	**8.29**	-	**8.44**
8.47	**9.00**	-	**9.14**
9.15	**9.28**	-	**9.42**
10.15	**10.28**	-	**10.42**
11.13	**11.25**	-	**11.38**
12.18	12.30	-	12.43

Lougheed Station Bay 2	Hickey at Austin (E) #53413	Chilko at Mariner (E) #53431	Coquitlam Central Station (E)
SATURDAY			
6.40	6.51	-	7.04
7.15	7.26	-	7.39
7.45	7.57	-	8.10
8.15	8.27	-	8.41
8.45	8.58	-	9.13
9.15	9.28	-	9.43
9.45	9.58	-	10.13
10.15	10.28	-	10.43
10.45	10.58	-	11.13
11.15	11.28	-	11.43
11.35	11.48	-	**12.03**
11.55	**12.08**	-	**12.23**
12.15	**12.29**	-	**12.44**
12.35	**12.49**	-	**1.04**
12.55	**1.09**	-	**1.24**
1.15	**1.29**	-	**1.44**
1.35	**1.49**	-	**2.04**
1.55	**2.09**	-	**2.24**
2.15	**2.30**	-	**2.47**
2.35	**2.50**	-	**3.07**
2.55	**3.10**	-	**3.27**
3.15	**3.30**	-	**3.47**
3.35	**3.51**	-	**4.08**
3.55	**4.11**	-	**4.28**
4.15	**4.31**	-	**4.48**
4.35	**4.51**	-	**5.08**
4.55	**5.11**	-	**5.28**
5.15	**5.31**	-	**5.48**
5.35	**5.51**	-	**6.08**
5.55	**6.11**	-	**6.28**
6.15	**6.30**	-	**6.47**
6.45	**6.59**	-	**7.14**
7.15	**7.29**	-	**7.44**
7.45	**7.59**	-	**8.14**
8.15	**8.29**	-	**8.44**
8.45	**9.00**	-	**9.16**
9.15	**9.29**	-	**9.44**
10.15	**10.28**	-	**10.42**
11.15	**11.26**	-	**11.38**
12.15	12.26	-	12.38

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152 Lougheed Station
152 Coquitlam Central Station

Coquitlam Central Station to Lougheed Station.

Lougheed Station to Coquitlam Central Station.

(Refer to Monday to Friday for routing)

Coquitlam Central Station Bay 10	Chilko at Sharpe (E) #53461	Austin at Hickey (E) #53475	Lougheed Station (E)	Lougheed Station Bay 2	Hickey at Austin (E) #53413	Chilko at Mariner (E) #53431	Coquitlam Central Station (E)
SUNDAY & HOLIDAYS				**SUNDAY & HOLIDAYS**			
7.00	-	7.14	7.27	7.45	7.57	-	8.11
8.00	-	8.14	8.27	8.45	8.57	-	9.11
8.30	-	8.44	8.57	9.15	9.27	-	9.41
9.00	-	9.14	9.28	9.45	9.58	-	10.13
9.30	-	9.44	9.58	10.15	10.28	-	10.43
10.00	-	10.14	10.28	10.45	10.58	-	11.13
10.30	-	10.45	11.00	11.15	11.28	-	11.43
11.00	-	11.15	11.30	11.45	11.58	-	**12.13**
11.30	-	11.45	**12.00**	**12.15**	**12.28**	-	**12.43**
12.00	-	**12.15**	**12.30**	**12.45**	**12.59**	-	**1.15**
12.30	-	**12.45**	**1.00**	**1.15**	**1.29**	-	**1.45**
1.00	-	**1.15**	**1.30**	**1.45**	**1.59**	-	**2.15**
1.30	-	**1.45**	**2.00**	**2.15**	**2.29**	-	**2.45**
2.00	-	**2.15**	**2.30**	**2.45**	**2.59**	-	**3.15**
2.30	-	**2.45**	**3.00**	**3.15**	**3.29**	-	**3.45**
3.00	-	**3.16**	**3.32**	**3.45**	**4.00**	-	**4.17**
3.30	-	**3.46**	**4.01**	**4.15**	**4.30**	-	**4.47**
4.00	-	**4.16**	**4.31**	**4.45**	**5.00**	-	**5.17**
4.30	-	**4.46**	**5.02**	**5.15**	**5.29**	-	**5.44**
5.00	-	**5.16**	**5.31**	**5.45**	**5.59**	-	**6.14**
5.30	-	**5.45**	**6.00**	**6.15**	**6.28**	-	**6.43**
6.00	-	**6.15**	**6.30**	**6.45**	**6.58**	-	**7.13**
6.30	-	**6.45**	**7.00**	**7.15**	**7.28**	-	**7.42**
7.00	-	**7.14**	**7.28**	**7.45**	**7.58**	-	**8.12**
7.30	-	**7.44**	**7.58**	**8.10**	**8.22**	-	**8.35**
8.00	-	**8.14**	**8.28**	**8.40**	**8.52**	-	**9.05**
8.30	-	**8.45**	**9.00**	**9.05**	**9.17**	-	**9.30**
9.00	-	**9.14**	**9.27**	**9.35**	**9.47**	-	**10.00**
10.00	-	**10.13**	**10.25**	**10.35**	**10.46**	-	**10.59**
10.57	-	**11.10**	**11.22**	**11.30**	**11.41**	-	**11.54**
11.58	-	12.11	12.23	12.30	12.40	-	12.52