Effective - June 8, 2026

229 Lonsdale Quay / Lynn Valley

From Lynn Valley Rd at Mountain Hwy (Lynn Valley Bay 1) via Lynn Valley Rd, Mountain Hwy, 27 St, Lynn Valley Rd, 29 St, Lonsdale Ave, W Esplanade, Rogers, Carrie Cates Court to Lonsdale Quay.

From Lonsdale Quay via Carrie Cates Court, Rogers, W Esplanade, Lonsdale Ave, 29 St, Lynn Valley Rd to Mountain Hwy.

Lynn Valley Bay 1	Lonsdale Ave at 29 St #54248	Lonsdale Ave at 15 St #54254	Lonsdale Quay (E)
MONDAY TO FRIDAY			
5.34	5.43	5.49	5.56
6.04	6.13	6.19	6.26
6.31	6.40	6.46	6.53
6.43	6.52	6.58	7.05
6.58	7.07	7.13	7.21
7.12	7.21	7.27	7.35
7.29	7.39	7.46	7.54
7.40	7.50	7.57	8.05
7.57	8.08	8.16	8.24
8.22	8.33	8.41	8.49
8.59	9.10	9.18	9.26
9.38	9.49	9.57	10.06
10.02	10.13	10.21	10.30
10.28	10.39	10.48	10.57
10.57	11.08	11.17	11.26
11.27	11.38	11.47	11.56
11.56	**12.07**	**12.16**	**12.25**
12.26	**12.37**	**12.46**	**12.55**
12.55	**1.06**	**1.15**	**1.24**
1.24	**1.35**	**1.44**	**1.53**
1.53	**2.04**	**2.13**	**2.22**
2.22	**2.33**	**2.42**	**2.51**
2.34	**2.45**	**2.54**	**3.03**
2.53	**3.04**	**3.13**	**3.22**
3.06	**3.17**	**3.26**	**3.35**
3.22	**3.33**	**3.42**	**3.51**
3.36	**3.47**	**3.56**	**4.05**
3.52	**4.04**	**4.13**	**4.23**
4.10	**4.22**	**4.31**	**4.41**
4.25	**4.37**	**4.46**	**4.56**
4.34	**4.46**	**4.55**	**5.05**
4.50	**5.01**	**5.10**	**5.20**
5.06	**5.17**	**5.26**	**5.36**
5.25	**5.35**	**5.44**	**5.53**
5.37	**5.48**	**5.56**	**6.05**
5.57	**6.07**	**6.15**	**6.24**
6.16	**6.26**	**6.34**	**6.43**
6.29	**6.39**	**6.47**	**6.56**
6.45	**6.55**	**7.02**	**7.11**
6.57	**7.07**	**7.14**	**7.23**
7.15	**7.24**	**7.31**	**7.39**
7.33	**7.42**	**7.49**	**7.57**
8.05	**8.14**	**8.21**	**8.29**
8.35	**8.44**	**8.51**	**8.59**
9.04	**9.13**	**9.20**	**9.27**
9.35	**9.44**	**9.51**	**9.58**
10.07	**10.15**	**10.21**	**10.27**
10.38	**10.46**	**10.52**	**10.58**
10.59	**11.07**	**11.12**	**11.18**
11.38	**11.46**	**11.51**	**11.57**
12.35	12.42	12.47	12.53

Lonsdale Quay Bay 1	Lonsdale Ave at 15 St #54197	29 St at Lonsdale Ave #54203	Lynn Valley Bay 1(E)
MONDAY TO FRIDAY			
6.02	6.10	6.16	6.22
6.31	6.39	6.45	6.51
7.02	7.11	7.17	7.24
7.30	7.39	7.45	7.52
8.02	8.11	8.18	8.25
8.30	8.40	8.47	8.54
9.08	9.18	9.26	9.33
9.31	9.42	9.50	9.57
10.19	10.30	10.38	10.45
10.50	11.01	11.09	11.16
11.18	11.29	11.37	11.44
11.48	11.58	**12.06**	**12.13**
12.18	**12.28**	**12.37**	**12.44**
12.48	**12.58**	**1.07**	**1.14**
1.19	**1.29**	**1.37**	**1.44**
1.48	**2.00**	**2.08**	**2.15**
2.01	**2.13**	**2.22**	**2.29**
2.32	**2.44**	**2.53**	**3.01**
2.58	**3.10**	**3.19**	**3.27**
3.17	**3.29**	**3.38**	**3.47**
3.32	**3.44**	**3.53**	**4.02**
3.51	**4.03**	**4.12**	**4.20**
4.00	**4.12**	**4.21**	**4.29**
4.21	**4.33**	**4.42**	**4.50**
4.33	**4.44**	**4.53**	**5.01**
4.51	**5.02**	**5.11**	**5.19**
5.05	**5.16**	**5.24**	**5.32**
5.24	**5.35**	**5.43**	**5.51**
5.44	**5.55**	**6.03**	**6.10**
5.57	**6.08**	**6.16**	**6.23**
6.13	**6.24**	**6.32**	**6.39**
6.25	**6.36**	**6.44**	**6.51**
6.39	**6.49**	**6.56**	**7.03**
6.52	**7.02**	**7.09**	**7.16**
7.04	**7.14**	**7.21**	**7.28**
7.18	**7.28**	**7.35**	**7.42**
7.34	**7.43**	**7.50**	**7.57**
7.51	**8.00**	**8.07**	**8.14**
8.08	**8.17**	**8.24**	**8.30**
8.23	**8.32**	**8.39**	**8.45**
8.37	**8.46**	**8.53**	**8.59**
9.05	**9.14**	**9.21**	**9.27**
9.32	**9.41**	**9.48**	**9.54**
10.02	**10.11**	**10.17**	**10.23**
10.32	**10.41**	**10.47**	**10.53**
11.02	**11.10**	**11.15**	**11.21**
11.32	**11.40**	**11.45**	**11.51**
12.02	12.10	12.15	12.20
1.05	1.13	1.18	1.23

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229 Lonsdale Quay / Lynn Valley

Lynn Valley to Lonsdale Quay | Lonsdale Quay to Lynn Valley

(Refer to Monday to Friday for routing)

Lynn Valley Bay 1	Lonsdale Ave at 29 St #54248	Lonsdale Ave at 15 St #54254	Lonsdale Quay (E)	Lonsdale Quay Bay 1	Lonsdale Ave at 15 St #54197	29 St at Lonsdale Ave #54203	Lynn Valley Bay 1(E)
SATURDAY				**SATURDAY**			
7.02	7.11	7.17	7.24	6.36	6.44	6.49	6.55
7.33	7.42	7.48	7.55	7.02	7.10	7.15	7.21
8.03	8.12	8.18	8.26	7.32	7.41	7.47	7.53
8.32	8.41	8.48	8.56	8.02	8.11	8.17	8.23
9.01	9.10	9.18	9.26	8.32	8.41	8.47	8.53
9.31	9.40	9.47	9.57	9.02	9.12	9.18	9.24
10.00	10.10	10.17	10.26	9.32	9.42	9.48	9.54
10.29	10.39	10.47	10.56	10.02	10.12	10.18	10.24
10.59	11.09	11.17	11.25	10.33	10.43	10.51	10.57
11.27	11.37	11.45	11.56	11.03	11.14	11.20	11.27
11.58	**12.08**	**12.16**	**12.25**	11.31	11.41	11.47	11.54
12.28	**12.38**	**12.46**	**12.55**	**12.02**	**12.13**	**12.20**	**12.27**
12.57	**1.07**	**1.16**	**1.25**	**12.32**	**12.43**	**12.50**	**12.57**
1.12	**1.22**	**1.31**	**1.40**	**1.02**	**1.13**	**1.20**	**1.27**
1.27	**1.37**	**1.46**	**1.55**	**1.35**	**1.47**	**1.54**	**2.01**
1.53	**2.03**	**2.11**	**2.21**	**1.51**	**2.03**	**2.10**	**2.17**
2.13	**2.23**	**2.31**	**2.41**	**2.11**	**2.21**	**2.28**	**2.35**
2.28	**2.38**	**2.46**	**2.56**	**2.33**	**2.43**	**2.50**	**2.57**
2.53	**3.03**	**3.11**	**3.21**	**2.52**	**3.02**	**3.09**	**3.16**
3.13	**3.23**	**3.31**	**3.41**	**3.11**	**3.22**	**3.29**	**3.36**
3.29	**3.39**	**3.47**	**3.57**	**3.32**	**3.43**	**3.50**	**3.57**
3.54	**4.04**	**4.12**	**4.22**	**3.51**	**4.02**	**4.09**	**4.16**
4.12	**4.23**	**4.31**	**4.41**	**4.11**	**4.22**	**4.29**	**4.36**
4.30	**4.41**	**4.49**	**4.59**	**4.32**	**4.43**	**4.51**	**4.58**
4.55	**5.06**	**5.14**	**5.24**	**4.51**	**5.02**	**5.10**	**5.17**
5.15	**5.26**	**5.33**	**5.42**	**5.16**	**5.27**	**5.34**	**5.41**
5.32	**5.42**	**5.49**	**5.58**	**5.35**	**5.46**	**5.53**	**6.00**
5.48	**5.58**	**6.05**	**6.14**	**5.55**	**6.06**	**6.13**	**6.20**
6.11	**6.21**	**6.28**	**6.37**	**6.17**	**6.28**	**6.36**	**6.43**
6.32	**6.41**	**6.48**	**6.57**	**6.38**	**6.48**	**6.55**	**7.02**
6.48	**6.57**	**7.04**	**7.13**	**7.02**	**7.12**	**7.19**	**7.26**
7.11	**7.20**	**7.27**	**7.36**	**7.18**	**7.28**	**7.35**	**7.42**
7.31	**7.40**	**7.47**	**7.55**	**7.33**	**7.43**	**7.50**	**7.56**
7.47	**7.56**	**8.03**	**8.11**	**7.48**	**7.58**	**8.05**	**8.11**
8.17	**8.26**	**8.33**	**8.41**	**8.04**	**8.14**	**8.21**	**8.27**
8.33	**8.42**	**8.49**	**8.57**	**8.34**	**8.44**	**8.51**	**8.57**
9.03	**9.12**	**9.19**	**9.26**	**9.04**	**9.14**	**9.21**	**9.27**
9.33	**9.42**	**9.49**	**9.56**	**9.34**	**9.44**	**9.51**	**9.57**
10.03	**10.12**	**10.18**	**10.25**	**10.04**	**10.13**	**10.20**	**10.26**
10.33	**10.42**	**10.48**	**10.55**	**10.34**	**10.43**	**10.50**	**10.56**
11.05	**11.13**	**11.18**	**11.24**	**11.04**	**11.12**	**11.18**	**11.24**
11.32	**11.40**	**11.45**	**11.51**	**11.34**	**11.42**	**11.48**	**11.54**
12.05	12.13	12.18	12.24	12.04	12.12	12.17	12.23
12.35	12.43	12.48	12.54	12.36	12.44	12.49	12.55
1.07	1.14	1.18	1.23	1.02	1.10	1.15	1.20
				1.38	1.46	1.51	1.56

Effective - June 8, 2026

229 Lonsdale Quay / Lynn Valley

Lynn Valley to Lonsdale Quay | Lonsdale Quay to Lynn Valley

(Refer to Monday to Friday for routing)

Lynn Valley Bay 1	Lonsdale Ave at 29 St #54248	Lonsdale Ave at 15 St #54254	Lonsdale Quay (E)	Lonsdale Quay Bay 6	Lonsdale Ave at 15 St #54197	29 St at Lonsdale Ave #54203	Lynn Valley Bay 1(E)
SUNDAY & HOLIDAYS				**SUNDAY & HOLIDAYS**			
8.03	8.11	8.17	8.24	8.04	8.13	8.19	8.25
8.33	8.41	8.47	8.54	8.34	8.43	8.49	8.55
9.03	9.11	9.17	9.24	9.04	9.13	9.19	9.25
9.30	9.40	9.47	9.55	9.33	9.43	9.50	9.56
10.01	10.11	10.18	10.26	10.02	10.12	10.19	10.25
10.30	10.40	10.48	10.56	10.32	10.42	10.49	10.55
11.00	11.10	11.18	11.26	11.00	11.10	11.17	11.23
11.28	11.38	11.46	11.54	11.31	11.41	11.49	11.56
12.01	**12.11**	**12.19**	**12.27**	**12.01**	**12.11**	**12.19**	**12.26**
12.31	**12.41**	**12.49**	**12.57**	**12.31**	**12.41**	**12.49**	**12.56**
1.01	**1.11**	**1.19**	**1.27**	**1.02**	**1.13**	**1.21**	**1.28**
1.33	**1.43**	**1.51**	**1.59**	**1.32**	**1.43**	**1.51**	**1.58**
2.03	**2.13**	**2.21**	**2.29**	**2.03**	**2.14**	**2.22**	**2.29**
2.15	**2.25**	**2.33**	**2.42**	**2.31**	**2.42**	**2.50**	**2.57**
2.42	**2.52**	**3.00**	**3.09**	**2.47**	**2.58**	**3.06**	**3.13**
3.02	**3.12**	**3.20**	**3.29**	**3.16**	**3.27**	**3.35**	**3.42**
3.18	**3.28**	**3.36**	**3.45**	**3.32**	**3.43**	**3.50**	**3.57**
3.47	**3.56**	**4.04**	**4.12**	**3.47**	**3.58**	**4.05**	**4.12**
4.03	**4.12**	**4.20**	**4.28**	**4.17**	**4.28**	**4.35**	**4.43**
4.17	**4.27**	**4.35**	**4.43**	**4.33**	**4.44**	**4.52**	**4.59**
4.48	**4.58**	**5.06**	**5.14**	**4.48**	**4.59**	**5.07**	**5.14**
5.04	**5.14**	**5.22**	**5.30**	**5.19**	**5.30**	**5.38**	**5.45**
5.19	**5.29**	**5.36**	**5.44**	**5.33**	**5.44**	**5.52**	**5.59**
5.50	**6.00**	**6.07**	**6.15**	**5.50**	**6.01**	**6.09**	**6.16**
6.04	**6.14**	**6.21**	**6.29**	**6.20**	**6.30**	**6.37**	**6.44**
6.21	**6.31**	**6.38**	**6.46**	**6.34**	**6.44**	**6.51**	**6.58**
6.49	**6.59**	**7.06**	**7.14**	**6.51**	**7.01**	**7.08**	**7.15**
7.04	**7.14**	**7.21**	**7.29**	**7.19**	**7.29**	**7.36**	**7.43**
7.20	**7.29**	**7.36**	**7.44**	**7.34**	**7.44**	**7.51**	**7.58**
7.48	**7.57**	**8.03**	**8.11**	**7.52**	**8.02**	**8.09**	**8.16**
8.04	**8.13**	**8.19**	**8.27**	**8.17**	**8.27**	**8.34**	**8.41**
8.21	**8.30**	**8.36**	**8.44**	**8.34**	**8.44**	**8.51**	**8.58**
8.46	**8.55**	**9.01**	**9.09**	**9.03**	**9.13**	**9.20**	**9.27**
9.03	**9.12**	**9.18**	**9.26**	**9.33**	**9.43**	**9.50**	**9.57**
9.32	**9.41**	**9.47**	**9.55**	**10.05**	**10.14**	**10.20**	**10.26**
10.02	**10.11**	**10.17**	**10.24**	**10.35**	**10.44**	**10.50**	**10.56**
10.31	**10.40**	**10.46**	**10.53**	**11.05**	**11.14**	**11.20**	**11.26**
11.01	**11.09**	**11.14**	**11.21**	**11.39**	**11.48**	**11.54**	12.00
11.32	**11.40**	**11.45**	**11.52**				
12.05	12.13	12.18	12.25				