Effective - June 8, 2026

180 Moody Centre Station

From Lougheed Station via Gatineau, North Rd, Clarke (Burquitlam Station), Glenayre, Harvard, Princeton, Washington, College Park, Cecile, Clarke, St. Johns, Williams to Moody Centre Station.

Lougheed Station Bay 6	Burquitlam Station Bay 5 (E)	Washington at Yale #53136	Moody Centre Station (E)
MONDAY TO FRIDAY			
5.10	5.13	5.22	5.31
5.30	5.33	5.42	5.51
5.48	5.51	6.00	6.09
6.01	6.05	6.15	6.24
6.14	6.18	6.28	6.37
6.30	6.35	6.47	6.57
6.47	6.52	7.04	7.14
7.00	7.05	7.17	7.27
7.15	7.20	7.31	7.41
7.29	7.34	7.45	7.55
7.44	7.49	8.02	8.14
8.02	8.07	8.19	8.29
8.18	8.23	8.35	8.45
8.35	8.40	8.52	9.02
8.50	8.55	9.07	9.17
9.05	9.10	9.22	9.32
9.20	9.25	9.37	9.47
9.35	9.40	9.52	10.02
9.50	9.55	10.07	10.17
10.05	10.10	10.22	10.32
10.20	10.25	10.37	10.47
10.35	10.40	10.52	11.02
10.50	10.55	11.07	11.17
11.05	11.11	11.24	11.34
11.20	11.26	11.39	11.49
11.35	11.41	11.54	**12.04**
11.50	11.56	**12.09**	**12.19**
12.05	**12.11**	**12.24**	**12.34**
12.20	**12.26**	**12.39**	**12.49**
12.35	**12.41**	**12.54**	**1.04**
12.50	**12.56**	**1.09**	**1.19**
1.05	**1.11**	**1.24**	**1.34**
1.20	**1.26**	**1.39**	**1.49**
1.35	**1.41**	**1.55**	**2.05**
1.50	**1.56**	**2.10**	**2.20**
2.05	**2.11**	**2.25**	**2.35**
2.20	**2.26**	**2.40**	**2.50**
2.36	**2.42**	**2.56**	**3.08**
2.51	**2.57**	**3.11**	**3.23**
3.07	**3.13**	**3.26**	**3.36**
3.22	**3.28**	**3.41**	**3.51**
3.39	**3.45**	**4.00**	**4.10**
3.57	**4.03**	**4.18**	**4.28**
4.10	**4.16**	**4.31**	**4.41**
4.23	**4.29**	**4.44**	**4.54**
4.39	**4.45**	**4.59**	**5.09**
4.53	**4.59**	**5.13**	**5.23**
5.14	**5.20**	**5.34**	**5.44**
5.25	**5.31**	**5.45**	**5.55**
5.40	**5.46**	**6.00**	**6.10**
5.57	**6.03**	**6.17**	**6.27**
6.10	**6.16**	**6.30**	**6.39**
6.29	**6.35**	**6.49**	**6.58**
CONTINUED			

Lougheed Station Bay 6	Burquitlam Station Bay 5 (E)	Washington at Yale #53136	Moody Centre Station (E)
MONDAY TO FRIDAY			
. . . . . CONTINUED			
6.40	**6.46**	**7.00**	**7.09**
7.00	**7.05**	**7.18**	**7.27**
7.20	**7.25**	**7.38**	**7.47**
7.45	**7.50**	**8.03**	**8.12**
8.07	**8.12**	**8.25**	**8.34**
8.25	**8.30**	**8.43**	**8.52**
8.45	**8.50**	**9.03**	**9.12**
9.10	**9.15**	**9.27**	**9.36**
9.39	**9.44**	**9.56**	**10.05**
10.10	**10.14**	**10.25**	**10.32**
10.40	**10.44**	**10.55**	**11.02**
11.10	**11.14**	**11.24**	**11.31**
11.40	**11.44**	**11.54**	12.01
12.10	12.13	12.22	12.29
12.40	12.43	12.52	12.59
SATURDAY			
6.00	6.04	6.13	6.21
6.33	6.37	6.46	6.54
7.05	7.09	7.18	7.27
7.35	7.39	7.48	7.57
8.05	8.09	8.18	8.27
8.35	8.39	8.50	8.59
9.06	9.10	9.21	9.31
9.35	9.40	9.52	10.02
10.07	10.12	10.24	10.34
10.38	10.43	10.56	11.06
11.06	11.11	11.24	11.34
11.25	11.30	11.43	11.53
11.45	11.50	**12.03**	**12.13**
12.05	**12.10**	**12.23**	**12.33**
12.25	**12.30**	**12.43**	**12.53**
12.45	**12.50**	**1.02**	**1.13**
1.05	**1.10**	**1.22**	**1.33**
1.25	**1.30**	**1.42**	**1.53**
1.45	**1.50**	**2.02**	**2.12**
2.05	**2.10**	**2.22**	**2.32**
2.25	**2.30**	**2.42**	**2.52**
2.45	**2.50**	**3.03**	**3.13**
3.05	**3.10**	**3.23**	**3.33**
3.25	**3.30**	**3.43**	**3.53**
3.45	**3.50**	**4.03**	**4.13**
4.05	**4.10**	**4.23**	**4.33**
4.24	**4.29**	**4.42**	**4.52**
4.45	**4.50**	**5.03**	**5.13**
5.05	**5.10**	**5.23**	**5.33**
5.25	**5.30**	**5.43**	**5.53**
5.45	**5.50**	**6.02**	**6.11**
6.03	**6.08**	**6.20**	**6.29**
6.28	**6.33**	**6.45**	**6.54**
7.05	**7.10**	**7.22**	**7.31**
7.30	**7.35**	**7.47**	**7.56**
CONTINUED			

Lougheed Station Bay 6	Burquitlam Station Bay 5 (E)	Washington at Yale #53136	Moody Centre Station (E)
SATURDAY			
. . . . . CONTINUED			
8.05	**8.10**	**8.22**	**8.31**
8.30	**8.35**	**8.47**	**8.55**
9.05	**9.10**	**9.21**	**9.29**
9.35	**9.40**	**9.51**	**9.59**
10.10	**10.14**	**10.25**	**10.33**
10.35	**10.39**	**10.50**	**10.58**
11.10	**11.14**	**11.25**	**11.33**
11.35	**11.39**	**11.50**	**11.58**
SUNDAYS & HOLIDAYS			
6.35	6.39	6.48	6.56
7.05	7.09	7.18	7.26
7.35	7.39	7.48	7.57
8.05	8.09	8.18	8.27
8.35	8.39	8.48	8.57
9.05	9.09	9.18	9.27
9.35	9.40	9.51	10.00
10.07	10.11	10.22	10.32
10.36	10.41	10.53	11.03
11.05	11.10	11.22	11.32
11.25	11.30	11.42	11.52
11.45	11.50	**12.02**	**12.12**
12.05	**12.10**	**12.22**	**12.32**
12.25	**12.30**	**12.42**	**12.52**
12.45	**12.50**	**1.02**	**1.12**
1.05	**1.10**	**1.22**	**1.32**
1.25	**1.30**	**1.42**	**1.52**
1.45	**1.50**	**2.02**	**2.12**
2.05	**2.11**	**2.24**	**2.34**
2.25	**2.31**	**2.44**	**2.54**
2.45	**2.51**	**3.04**	**3.14**
3.05	**3.11**	**3.24**	**3.34**
3.25	**3.31**	**3.44**	**3.54**
3.45	**3.51**	**4.04**	**4.14**
4.05	**4.10**	**4.23**	**4.32**
4.25	**4.30**	**4.43**	**4.52**
4.45	**4.50**	**5.03**	**5.12**
5.05	**5.10**	**5.23**	**5.31**
5.25	**5.30**	**5.43**	**5.51**
5.45	**5.50**	**6.03**	**6.11**
6.00	**6.05**	**6.18**	**6.26**
6.30	**6.35**	**6.48**	**6.56**
7.00	**7.05**	**7.18**	**7.26**
7.30	**7.35**	**7.47**	**7.56**
8.00	**8.05**	**8.17**	**8.26**
8.30	**8.35**	**8.47**	**8.56**
9.00	**9.05**	**9.17**	**9.26**
9.30	**9.35**	**9.47**	**9.56**
10.00	**10.04**	**10.15**	**10.23**
10.30	**10.34**	**10.45**	**10.53**
11.00	**11.04**	**11.13**	**11.21**
11.30	**11.34**	**11.43**	**11.51**

Effective - June 8, 2026

180 Lougheed Station

From Moody Centre Station via Hugh, St. Johns, Clarke, Cecile, College Park, Washington, Princeton, Harvard, Glenayre, Clarke (Burquitlam Station), North Rd, Gatineau to Lougheed Station.

Moody Centre Station Bay 6	Washington at Yale #53193	Burquitlam Station Bay 6 (E)	Lougheed Station (E)
MONDAY TO FRIDAY			
4.42	4.51	4.59	5.03
5.01	5.10	5.18	5.22
5.20	5.29	5.38	5.43
5.41	5.50	5.59	6.04
5.59	6.08	6.17	6.22
6.16	6.25	6.35	6.41
6.30	6.39	6.49	6.55
6.44	6.53	7.03	7.09
7.00	7.09	7.19	7.25
7.18	7.27	7.37	7.43
7.31	7.41	7.51	7.57
7.47	7.57	8.07	8.13
8.03	8.13	8.23	8.29
8.20	8.30	8.40	8.46
8.35	8.45	8.55	9.01
8.52	9.02	9.12	9.18
9.09	9.21	9.31	9.36
9.23	9.35	9.45	9.50
9.39	9.49	9.59	10.04
9.58	10.08	10.18	10.23
10.10	10.20	10.30	10.35
10.25	10.35	10.45	10.50
10.40	10.50	11.00	11.05
10.55	11.05	11.15	11.20
11.10	11.20	11.31	11.37
11.25	11.35	11.46	11.52
11.40	11.50	**12.01**	**12.07**
11.55	**12.05**	**12.16**	**12.22**
12.10	**12.20**	**12.31**	**12.37**
12.25	**12.35**	**12.46**	**12.52**
12.40	**12.50**	**1.01**	**1.07**
12.55	**1.05**	**1.16**	**1.22**
1.10	**1.20**	**1.31**	**1.37**
1.25	**1.35**	**1.46**	**1.52**
1.40	**1.50**	**2.01**	**2.07**
1.55	**2.05**	**2.16**	**2.22**
2.10	**2.20**	**2.31**	**2.37**
2.32	**2.42**	**2.54**	**3.01**
2.59	**3.09**	**3.21**	**3.28**
-	**3.27**	**3.39**	**3.46**
3.20	**3.32**	**3.44**	**3.51**
3.32	**3.44**	**3.56**	**4.02**
3.46	**3.58**	**4.10**	**4.16**
4.02	**4.14**	**4.26**	**4.32**
4.18	**4.30**	**4.42**	**4.48**
4.37	**4.49**	**5.01**	**5.07**
4.47	**4.59**	**5.11**	**5.17**
5.02	**5.14**	**5.25**	**5.31**
5.21	**5.33**	**5.44**	**5.50**
5.32	**5.44**	**5.55**	**6.01**
5.51	**6.03**	**6.14**	**6.20**
6.02	**6.14**	**6.25**	**6.31**
6.17	**6.29**	**6.40**	**6.46**
CONTINUED			

Moody Centre Station Bay 6	Washington at Yale #53193	Burquitlam Station Bay 6 (E)	Lougheed Station (E)
MONDAY TO FRIDAY			
. . . . . CONTINUED			
6.34	**6.46**	**6.56**	**7.01**
6.47	**6.59**	**7.09**	**7.14**
7.01	**7.11**	**7.21**	**7.26**
7.20	**7.30**	**7.40**	**7.45**
7.41	**7.50**	**8.00**	**8.05**
8.01	**8.10**	**8.20**	**8.25**
8.21	**8.30**	**8.40**	**8.45**
8.41	**8.50**	**9.00**	**9.05**
9.01	**9.10**	**9.19**	**9.24**
9.31	**9.40**	**9.49**	**9.54**
10.01	**10.10**	**10.18**	**10.22**
10.31	**10.40**	**10.48**	**10.52**
11.01	**11.10**	**11.17**	**11.21**
11.31	**11.40**	**11.47**	**11.51**
12.02	12.11	12.18	12.22
SATURDAY			
6.05	6.13	6.21	6.26
6.35	6.43	6.51	6.56
7.05	7.13	7.23	7.28
7.35	7.43	7.53	7.58
8.05	8.14	8.24	8.29
8.35	8.44	8.55	9.01
9.04	9.13	9.24	9.30
9.36	9.45	9.56	10.02
10.07	10.16	10.27	10.33
10.25	10.34	10.45	10.51
10.45	10.54	11.05	11.11
11.06	11.15	11.27	11.33
11.25	11.34	11.46	11.52
11.45	11.54	**12.05**	**12.11**
12.05	**12.14**	**12.25**	**12.31**
12.25	**12.34**	**12.45**	**12.51**
12.45	**12.54**	**1.06**	**1.12**
1.05	**1.14**	**1.26**	**1.32**
1.25	**1.34**	**1.46**	**1.52**
1.45	**1.54**	**2.06**	**2.12**
2.05	**2.14**	**2.26**	**2.32**
2.25	**2.34**	**2.46**	**2.52**
2.45	**2.54**	**3.06**	**3.12**
3.05	**3.14**	**3.25**	**3.31**
3.25	**3.34**	**3.45**	**3.51**
3.45	**3.54**	**4.05**	**4.11**
4.05	**4.14**	**4.25**	**4.31**
4.25	**4.34**	**4.45**	**4.51**
4.45	**4.54**	**5.05**	**5.11**
5.00	**5.09**	**5.20**	**5.26**
5.25	**5.34**	**5.45**	**5.51**
5.45	**5.54**	**6.04**	**6.09**
5.59	**6.08**	**6.18**	**6.23**
6.35	**6.44**	**6.54**	**6.59**
7.00	**7.09**	**7.19**	**7.24**
CONTINUED			

Moody Centre Station Bay 6	Washington at Yale #53193	Burquitlam Station Bay 6 (E)	Lougheed Station (E)
SATURDAY			
. . . . . CONTINUED			
7.36	**7.45**	**7.55**	**8.00**
8.05	**8.14**	**8.24**	**8.29**
8.35	**8.44**	**8.54**	**8.59**
9.05	**9.14**	**9.24**	**9.29**
9.35	**9.44**	**9.54**	**9.59**
10.06	**10.15**	**10.23**	**10.28**
10.38	**10.47**	**10.55**	**11.00**
11.06	**11.15**	**11.23**	**11.28**
SUNDAYS & HOLIDAYS			
7.05	7.15	7.23	7.28
7.35	7.45	7.53	7.58
8.05	8.15	8.24	8.29
8.35	8.45	8.54	8.59
9.04	9.14	9.23	9.28
9.35	9.45	9.54	9.59
10.05	10.15	10.25	10.31
10.25	10.35	10.45	10.51
10.45	10.55	11.05	11.11
11.06	11.16	11.27	11.33
11.25	11.35	11.46	11.52
11.40	11.50	**12.01**	**12.07**
12.00	**12.10**	**12.21**	**12.27**
12.20	**12.30**	**12.41**	**12.47**
12.40	**12.50**	**1.01**	**1.07**
1.00	**1.10**	**1.21**	**1.27**
1.20	**1.30**	**1.41**	**1.47**
1.40	**1.50**	**2.01**	**2.07**
2.00	**2.10**	**2.21**	**2.27**
2.20	**2.30**	**2.41**	**2.47**
2.40	**2.50**	**3.00**	**3.06**
3.00	**3.10**	**3.20**	**3.26**
3.20	**3.30**	**3.40**	**3.46**
3.40	**3.50**	**4.00**	**4.06**
4.00	**4.10**	**4.20**	**4.26**
4.20	**4.30**	**4.40**	**4.46**
4.40	**4.50**	**5.00**	**5.05**
5.00	**5.10**	**5.20**	**5.25**
5.25	**5.35**	**5.44**	**5.49**
5.45	**5.55**	**6.04**	**6.09**
6.15	**6.25**	**6.34**	**6.39**
6.45	**6.55**	**7.04**	**7.09**
7.15	**7.25**	**7.34**	**7.39**
7.51	**8.01**	**8.10**	**8.15**
8.15	**8.23**	**8.32**	**8.37**
8.35	**8.43**	**8.52**	**8.57**
9.15	**9.23**	**9.32**	**9.37**
9.45	**9.53**	**10.02**	**10.07**
10.15	**10.23**	**10.31**	**10.35**
10.57	**11.05**	**11.13**	**11.17**
11.15	**11.23**	**11.31**	**11.35**