Effective - June 8, 2026

156 Braid Station

From Lougheed Station via Gatineau, North Rd, Clarke (Burquitlam Station), Como Lake, Schoolhouse, Winslow, Poirier, Foster, Hillcrest, Austin, Mundy, Cape Horn, Brunette, access road to Braid Station.

Lougheed Station Bay 9	Burquitlam Station Bay 5	Winslow at Poirier #58417	Braid Station (E)
MONDAY TO FRIDAY			
5.30	5.37	5.45	6.08
6.00	6.07	6.15	6.38
6.28	6.35	6.43	7.07
6.58	7.05	7.13	7.38
7.26	7.33	7.43	8.08
7.59	8.06	8.16	8.41
8.35	8.42	8.53	9.16
9.03	9.10	9.21	9.44
9.35	9.42	9.53	10.15
10.05	10.12	10.23	10.45
10.35	10.42	10.53	11.15
11.05	11.12	11.23	11.47
11.35	11.44	11.55	**12.19**
12.05	**12.14**	**12.25**	**12.49**
12.35	**12.44**	**12.55**	**1.19**
1.05	**1.12**	**1.23**	**1.47**
1.35	**1.42**	**1.53**	**2.17**
2.06	**2.13**	**2.24**	**2.48**
2.36	**2.43**	**2.55**	**3.19**
3.08	**3.17**	**3.29**	**3.53**
3.38	**3.47**	**3.59**	**4.23**
4.08	**4.17**	**4.29**	**4.53**
4.38	**4.47**	**4.59**	**5.23**
5.08	**5.17**	**5.29**	**5.53**
5.38	**5.47**	**5.59**	**6.23**
6.08	**6.16**	**6.28**	**6.49**
6.38	**6.46**	**6.58**	**7.19**
7.08	**7.16**	**7.28**	**7.49**
7.34	**7.41**	**7.51**	**8.11**
7.57	**8.04**	**8.14**	**8.34**
8.32	**8.39**	**8.49**	**9.08**
9.08	**9.15**	**9.25**	**9.44**
9.50	**9.57**	**10.07**	**10.26**
10.30	**10.35**	**10.45**	**11.03**
11.11	**11.16**	**11.26**	**11.42**
11.50	**11.55**	12.05	12.21
12.30	12.35	12.45	1.01

Lougheed Station Bay 9	Burquitlam Station Bay 5	Winslow at Poirier #58417	Braid Station (E)
SATURDAY			
6.05	6.11	6.20	6.37
6.35	6.41	6.50	7.09
7.05	7.11	7.20	7.40
7.35	7.41	7.50	8.10
8.05	8.11	8.20	8.41
8.35	8.41	8.50	9.11
9.05	9.11	9.20	9.41
9.35	9.43	9.52	10.13
10.05	10.13	10.22	10.44
10.35	10.43	10.54	11.16
11.05	11.13	11.24	11.46
11.35	11.43	11.54	**12.16**
12.05	**12.12**	**12.22**	**12.45**
12.35	**12.42**	**12.52**	**1.15**
1.05	**1.14**	**1.24**	**1.47**
1.35	**1.44**	**1.54**	**2.16**
2.05	**2.14**	**2.26**	**2.48**
2.35	**2.44**	**2.56**	**3.18**
3.05	**3.12**	**3.24**	**3.47**
3.35	**3.42**	**3.54**	**4.17**
4.05	**4.12**	**4.24**	**4.45**
4.35	**4.42**	**4.54**	**5.15**
5.05	**5.12**	**5.24**	**5.45**
5.35	**5.42**	**5.54**	**6.14**
6.05	**6.12**	**6.24**	**6.44**
6.35	**6.42**	**6.52**	**7.11**
7.05	**7.11**	**7.21**	**7.41**
7.35	**7.41**	**7.51**	**8.11**
8.35	**8.41**	**8.51**	**9.11**
9.35	**9.41**	**9.51**	**10.09**
10.35	**10.41**	**10.50**	**11.07**
11.35	**11.41**	**11.50**	12.07
12.32	12.38	12.47	1.02
SUNDAY & HOLIDAYS			
7.14	7.19	7.29	7.48
8.14	8.21	8.31	8.52
9.14	9.20	9.30	9.52
10.14	10.20	10.30	10.52
11.14	11.22	11.32	11.54
11.44	11.52	**12.02**	**12.22**
12.14	**12.22**	**12.33**	**12.55**
12.44	**12.52**	**1.03**	**1.23**
1.14	**1.22**	**1.33**	**1.55**
1.44	**1.52**	**2.03**	**2.25**
2.14	**2.22**	**2.33**	**2.55**
2.44	**2.52**	**3.03**	**3.25**
3.14	**3.22**	**3.33**	**3.55**
3.44	**3.52**	**4.03**	**4.23**
4.14	**4.22**	**4.33**	**4.55**
4.44	**4.52**	**5.03**	**5.23**
5.14	**5.22**	**5.33**	**5.54**
5.44	**5.52**	**6.03**	**6.21**
6.14	**6.22**	**6.33**	**6.54**
7.14	**7.21**	**7.31**	**7.51**
8.14	**8.21**	**8.31**	**8.51**
9.14	**9.21**	**9.31**	**9.49**
10.14	**10.21**	**10.31**	**10.49**
11.14	**11.21**	**11.30**	**11.48**
12.32	12.39	12.48	1.04

Effective - June 8, 2026

156 Lougheed Station

From Braid Station via access road under Brunette, Braid, Brunette, Cape Horn, Mundy, Austin, Hillcrest, Foster, Poirier, Winslow, Schoolhouse, Como Lake, Clarke (Burquitlam Station), North Rd, Austin, Gatineau to Lougheed Station.

Braid Station Bay 5	Winslow at Poirier #58416	Burquitlam Station Bay 6	Lougheed Station (E)
MONDAY TO FRIDAY			
5.44	6.05	6.16	6.22
6.14	6.35	6.46	6.52
6.41	7.03	7.14	7.20
7.13	7.35	7.46	7.52
7.45	8.09	8.20	8.26
8.13	8.37	8.48	8.54
8.51	9.15	9.26	9.32
9.16	9.40	9.52	9.58
9.45	10.09	10.21	10.27
10.15	10.39	10.51	10.57
10.45	11.09	11.21	11.27
11.15	11.40	11.52	11.58
11.45	**12.11**	**12.23**	**12.29**
12.15	**12.40**	**12.52**	**12.58**
12.45	**1.10**	**1.22**	**1.28**
1.15	**1.40**	**1.52**	**1.58**
1.45	**2.10**	**2.22**	**2.28**
2.15	**2.40**	**2.52**	**2.58**
2.45	**3.11**	**3.23**	**3.29**
3.15	**3.41**	**3.52**	**3.58**
3.45	**4.11**	**4.22**	**4.28**
4.15	**4.41**	**4.52**	**4.58**
4.45	**5.11**	**5.22**	**5.28**
5.15	**5.41**	**5.52**	**5.58**
5.45	**6.11**	**6.22**	**6.28**
6.18	**6.43**	**6.54**	**7.00**
6.52	**7.17**	**7.27**	**7.33**
7.23	**7.48**	**7.58**	**8.04**
7.56	**8.20**	**8.29**	**8.35**
8.22	**8.46**	**8.55**	**9.01**
9.09	**9.31**	**9.39**	**9.45**
9.49	**10.11**	**10.19**	**10.25**
10.31	**10.53**	**11.01**	**11.06**
11.10	**11.32**	**11.40**	**11.45**
11.50	12.12	12.20	12.25
12.30	12.52	1.00	1.05
1.10	1.30	1.38	1.43

Braid Station Bay 5	Winslow at Poirier #58416	Burquitlam Station Bay 6	Lougheed Station (E)
SATURDAY			
5.25	5.43	5.51	5.55
5.55	6.13	6.21	6.25
6.25	6.43	6.51	6.55
6.55	7.13	7.21	7.25
7.25	7.45	7.53	7.58
7.55	8.15	8.25	8.30
8.25	8.45	8.55	9.00
8.55	9.17	9.27	9.32
9.25	9.47	9.58	10.05
9.55	10.17	10.28	10.35
10.25	10.47	10.58	11.05
10.55	11.17	11.28	11.35
11.25	11.49	11.59	**12.06**
11.55	**12.19**	**12.29**	**12.36**
12.25	**12.49**	**1.01**	**1.08**
12.55	**1.19**	**1.31**	**1.38**
1.25	**1.49**	**2.01**	**2.08**
1.55	**2.19**	**2.29**	**2.36**
2.25	**2.49**	**2.59**	**3.05**
2.56	**3.21**	**3.31**	**3.37**
3.26	**3.52**	**4.02**	**4.08**
3.55	**4.20**	**4.30**	**4.36**
4.25	**4.49**	**4.59**	**5.05**
4.55	**5.19**	**5.30**	**5.37**
5.25	**5.49**	**6.00**	**6.07**
5.55	**6.19**	**6.30**	**6.35**
6.25	**6.49**	**7.00**	**7.05**
6.55	**7.18**	**7.27**	**7.32**
7.25	**7.48**	**7.58**	**8.03**
7.55	**8.18**	**8.28**	**8.33**
8.25	**8.46**	**8.56**	**9.01**
9.25	**9.46**	**9.54**	**10.00**
10.25	**10.46**	**10.54**	**10.58**
11.25	**11.46**	**11.54**	**11.58**
1.10	1.31	1.39	1.43
SUNDAY & HOLIDAYS			
6.30	6.50	6.59	7.05
7.30	7.50	7.59	8.04
8.30	8.51	9.00	9.05
9.15	9.36	9.47	9.54
10.15	10.38	10.50	10.57
11.15	11.38	11.50	11.57
11.45	**12.05**	**12.15**	**12.22**
12.15	**12.38**	**12.48**	**12.55**
12.45	**1.07**	**1.17**	**1.24**
1.15	**1.38**	**1.48**	**1.55**
1.45	**2.08**	**2.18**	**2.26**
2.15	**2.39**	**2.49**	**2.55**
2.45	**3.05**	**3.15**	**3.21**
3.15	**3.39**	**3.49**	**3.55**
3.45	**4.07**	**4.17**	**4.23**
4.15	**4.40**	**4.50**	**4.56**
4.45	**5.07**	**5.17**	**5.23**
5.15	**5.40**	**5.50**	**5.56**
5.45	**6.07**	**6.17**	**6.24**
6.15	**6.40**	**6.50**	**6.55**
7.15	**7.39**	**7.49**	**7.54**
8.15	**8.39**	**8.49**	**8.54**
9.15	**9.38**	**9.47**	**9.52**
10.15	**10.38**	**10.47**	**10.52**
11.50	12.11	12.20	12.25
1.11	1.33	1.42	1.47