110 Metrotown Station

From Lougheed Station via Gatineau, North Rd., Cameron, Beaverbrook, Eastlake, Production, Production Station, Production, Brighton, Government, Phillips, Winston, Sperling Station, Sperling, Kensington on-ramp, Sprott, Norland, Deer Lake Parkway, Burnaby City Hall, Deer Lake Parkway, Gilpin, Royal Oak, Deer Lake Parkway, Willingdon, Bond, Nelson, Bennett, Bonsor, Central Blvd. to Metrotown Station.

Lougheed Station Bay 3	Production Station Bay 2	Sperling Station Bay 3	Burnaby City Hall (E) #52716	Metrotown Station (E)
MONDAY TO FRIDAY				
-	4.50	4.59	5.06	5.20
-	5.20	5.29	5.36	5.50
5.35	5.45	5.55	6.02	6.18
5.55	6.05	6.15	6.23	6.39
6.15	6.26	6.36	6.44	7.02
6.35	6.46	6.56	7.04	7.22
6.55	7.07	7.17	7.26	7.44
7.15	7.27	7.38	7.47	8.06
7.35	7.48	7.59	8.08	8.27
7.50	8.03	8.14	8.23	8.42
8.10	8.23	8.34	8.43	9.02
8.25	8.38	8.50	8.59	9.18
8.40	8.53	9.05	9.14	9.34
9.10	9.23	9.34	9.43	10.03
9.40	9.53	10.04	10.13	10.33
10.10	10.23	10.33	10.42	11.02
10.40	10.53	11.03	11.12	11.32
11.10	11.23	11.33	11.42	**12.02**
11.40	11.53	**12.03**	**12.12**	**12.32**
12.10	**12.23**	**12.33**	**12.42**	**1.02**
12.40	**12.53**	**1.03**	**1.12**	**1.32**
1.10	**1.23**	**1.34**	**1.43**	**2.03**
1.40	**1.53**	**2.04**	**2.13**	**2.33**
2.10	**2.23**	**2.34**	**2.43**	**3.03**
2.31	**2.44**	**2.56**	**3.06**	**3.27**
2.50	**3.03**	**3.15**	**3.25**	**3.46**
3.10	**3.23**	**3.35**	**3.45**	**4.07**
3.30	**3.43**	**3.55**	**4.05**	**4.27**
3.50	**4.03**	**4.15**	**4.25**	**4.47**
4.10	**4.23**	**4.35**	**4.45**	**5.07**
4.30	**4.43**	**4.55**	**5.05**	**5.27**
4.50	**5.03**	**5.15**	**5.25**	**5.47**
5.10	**5.23**	**5.34**	**5.44**	**6.04**
5.30	**5.43**	**5.54**	**6.03**	**6.23**
5.50	**6.03**	**6.14**	**6.23**	**6.43**
6.15	**6.27**	**6.38**	**6.46**	**7.04**
6.45	**6.57**	**7.07**	**7.15**	**7.32**
7.15	**7.27**	**7.37**	**7.45**	**8.01**
7.45	**7.57**	**8.07**	**8.15**	**8.31**
8.15	**8.27**	**8.37**	**8.45**	**9.01**
8.45	**8.56**	**9.06**	**9.13**	**9.28**
9.15	**9.25**	**9.34**	**9.41**	**9.56**
9.45	**9.55**	**10.04**	**10.11**	**10.26**
10.25	**10.35**	**10.44**	**10.50**	**11.04**
11.30	**11.39**	**11.48**	**11.54**	12.06
12.30	12.39	12.48	12.54	1.06
1.30	1.39	1.48	1.54	2.06
SATURDAY				
6.16	6.25	6.34	6.41	6.57
6.46	6.55	7.04	7.11	7.27
7.15	7.24	7.33	7.40	7.56
7.46	7.55	8.05	8.12	8.28
8.22	8.31	8.41	8.48	9.04
8.52	9.02	9.12	9.20	9.37
9.10	9.21	9.31	9.40	9.58
9.40	9.51	10.02	10.11	10.29
10.07	10.19	10.28	10.37	10.55
10.43	10.55	11.05	11.14	11.33
11.13	11.25	11.35	11.44	**12.03**
11.43	11.55	**12.05**	**12.14**	**12.34**
CONTINUED . . .				

Lougheed Station Bay 3	Production Station Bay 2	Sperling Station Bay 3	Burnaby City Hall (E) #52716	Metrotown Station (E)
SATURDAY				
. . . CONTINUED				
12.15	**12.27**	**12.37**	**12.46**	**1.06**
12.43	**12.55**	**1.05**	**1.14**	**1.34**
1.14	**1.26**	**1.36**	**1.45**	**2.05**
1.44	**1.56**	**2.06**	**2.15**	**2.35**
2.16	**2.28**	**2.38**	**2.47**	**3.07**
2.45	**2.57**	**3.07**	**3.16**	**3.36**
3.13	**3.25**	**3.35**	**3.44**	**4.03**
3.43	**3.55**	**4.05**	**4.14**	**4.33**
4.12	**4.24**	**4.34**	**4.43**	**5.02**
4.41	**4.53**	**5.03**	**5.12**	**5.31**
5.12	**5.24**	**5.34**	**5.43**	**6.01**
5.40	**5.52**	**6.02**	**6.11**	**6.29**
6.10	**6.22**	**6.32**	**6.40**	**6.58**
6.41	**6.53**	**7.03**	**7.11**	**7.29**
7.12	**7.23**	**7.33**	**7.41**	**7.57**
7.40	**7.51**	**8.01**	**8.08**	**8.24**
8.10	**8.21**	**8.31**	**8.38**	**8.54**
8.40	**8.51**	**9.01**	**9.08**	**9.24**
9.10	**9.21**	**9.31**	**9.38**	**9.53**
9.42	**9.53**	**10.03**	**10.10**	**10.25**
10.32	**10.43**	**10.53**	**10.59**	**11.13**
11.30	**11.39**	**11.48**	**11.54**	12.08
12.30	12.39	12.48	12.54	1.07
1.30	1.39	1.48	1.54	2.07
SUNDAY & HOLIDAYS				
7.35	7.45	7.54	8.02	8.18
8.05	8.15	8.24	8.32	8.48
8.35	8.45	8.54	9.02	9.18
9.05	9.15	9.25	9.33	9.50
9.35	9.47	9.57	10.05	10.23
10.05	10.17	10.27	10.35	10.53
10.35	10.47	10.57	11.05	11.23
11.05	11.17	11.27	11.36	11.55
11.35	11.47	11.57	**12.06**	**12.25**
12.05	**12.17**	**12.27**	**12.36**	**12.55**
12.35	**12.47**	**12.57**	**1.06**	**1.25**
1.05	**1.17**	**1.27**	**1.36**	**1.55**
1.35	**1.47**	**1.57**	**2.06**	**2.26**
2.05	**2.17**	**2.27**	**2.36**	**2.56**
2.35	**2.47**	**2.57**	**3.06**	**3.25**
3.05	**3.17**	**3.27**	**3.36**	**3.55**
3.35	**3.47**	**3.57**	**4.06**	**4.25**
4.05	**4.17**	**4.27**	**4.36**	**4.55**
4.35	**4.47**	**4.57**	**5.06**	**5.25**
5.05	**5.16**	**5.26**	**5.35**	**5.53**
5.35	**5.46**	**5.56**	**6.04**	**6.21**
6.05	**6.16**	**6.26**	**6.34**	**6.51**
6.35	**6.46**	**6.56**	**7.04**	**7.20**
7.05	**7.16**	**7.26**	**7.34**	**7.50**
7.35	**7.46**	**7.56**	**8.03**	**8.18**
8.05	**8.16**	**8.26**	**8.33**	**8.48**
8.35	**8.46**	**8.56**	**9.03**	**9.18**
9.05	**9.16**	**9.26**	**9.33**	**9.47**
9.35	**9.46**	**9.56**	**10.03**	**10.17**
10.35	**10.44**	**10.53**	**10.59**	**11.13**
11.40	**11.49**	**11.58**	12.04	12.16
12.27	12.36	12.45	12.51	1.03
1.35	1.44	1.53	1.58	2.10

Effective - June 8, 2026

110 Lougheed Station

From Metrotown Station via Central Blvd., Bonsor, Bennett, Nelson, Bond, Willingdon, Deer Lake Parkway, Royal Oak, Gilpin, Deer Lake Parkway, Burnaby City Hall, Deer Lake Parkway, Norland, Sprott, Kensington off-ramp, Sperling, Sperling Station, Winston, Phillips, Government, Brighton, Production, Production Station, Production, Eastlake, Beaverbrook, Cameron, North Rd., Austin, Gatineau to Lougheed Station.

MONDAY TO FRIDAY

Metrotown Station Bay 13	Burnaby City Hall (E) #52716	Sperling Station Bay 3	Production Station Bay 3	Lougheed Station (E)
-	-	5.50	6.01	6.09
5.35	5.48	5.55	6.05	6.13
6.05	6.19	6.27	6.38	6.47
6.35	6.49	6.57	7.08	7.17
6.55	7.09	7.17	7.28	7.37
7.15	7.30	7.39	7.51	8.01
7.35	7.50	7.59	8.11	8.21
7.55	8.10	8.19	8.31	8.42
8.15	8.30	8.39	8.51	9.02
8.40	8.56	9.05	9.17	9.28
9.00	9.16	9.25	9.36	9.47
9.20	9.36	9.45	9.56	10.07
9.50	10.06	10.15	10.26	10.37
10.20	10.36	10.45	10.56	11.07
10.50	11.06	11.15	11.26	11.37
11.20	11.36	11.45	11.56	12.07
11.50	**12.06**	**12.15**	**12.27**	**12.38**
12.20	**12.36**	**12.45**	**12.57**	**1.08**
12.50	**1.06**	**1.15**	**1.27**	**1.38**
1.20	**1.37**	**1.46**	**1.58**	**2.09**
1.50	**2.07**	**2.17**	**2.29**	**2.40**
2.26	**2.44**	**2.54**	**3.06**	**3.18**
2.50	**3.08**	**3.18**	**3.31**	**3.43**
3.20	**3.38**	**3.48**	**4.01**	**4.13**
3.40	**3.58**	**4.08**	**4.21**	**4.33**
4.00	**4.19**	**4.30**	**4.43**	**4.56**
4.20	**4.39**	**4.50**	**5.03**	**5.16**
4.40	**4.59**	**5.10**	**5.23**	**5.36**
5.00	**5.18**	**5.28**	**5.40**	**5.53**
5.20	**5.38**	**5.48**	**6.00**	**6.13**
5.40	**5.58**	**6.08**	**6.20**	**6.31**
6.00	**6.17**	**6.27**	**6.38**	**6.49**
6.20	**6.37**	**6.47**	**6.58**	**7.09**
6.45	**7.02**	**7.11**	**7.22**	**7.33**
7.15	**7.32**	**7.41**	**7.52**	**8.02**
7.45	**8.00**	**8.09**	**8.20**	**8.30**
8.15	**8.29**	**8.37**	**8.48**	**8.58**
8.45	**8.59**	**9.07**	**9.18**	**9.28**
9.15	**9.29**	**9.37**	**9.47**	**9.56**
9.45	**9.59**	**10.07**	**10.17**	**10.26**
10.10	**10.23**	**10.31**	**10.41**	**10.49**
10.40	**10.53**	**11.01**	**11.11**	**11.19**
11.15	**11.28**	**11.35**	**11.45**	**11.53**
11.46	**11.59**	12.06	12.16	12.24
12.25	12.36	12.43	12.53	1.01
1.15	1.26	1.33	1.41	1.48

SATURDAY

Metrotown Station Bay 13	Burnaby City Hall (E) #52716	Sperling Station Bay 3	Production Station Bay 3	Lougheed Station (E)
6.02	6.13	6.20	6.30	6.38
6.32	6.43	6.50	7.00	7.08
7.02	7.14	7.21	7.31	7.39
7.33	7.45	7.52	8.02	8.10
8.02	8.15	8.22	8.32	8.41
8.40	8.53	9.01	9.11	9.20
9.15	9.29	9.37	9.47	9.57
9.49	10.04	10.13	10.24	10.34
10.19	10.34	10.43	10.54	11.04
10.49	11.04	11.13	11.24	11.34
11.21	11.36	11.45	11.56	**12.08**
11.49	**12.04**	**12.13**	**12.24**	**12.36**

CONTINUED . . .

SATURDAY

. . . CONTINUED

Metrotown Station Bay 13	Burnaby City Hall (E) #52716	Sperling Station Bay 3	Production Station Bay 3	Lougheed Station (E)
12.19	**12.34**	**12.43**	**12.54**	**1.06**
12.49	**1.04**	**1.13**	**1.24**	**1.34**
1.21	**1.36**	**1.45**	**1.56**	**2.06**
1.49	**2.04**	**2.13**	**2.24**	**2.34**
2.16	**2.33**	**2.42**	**2.53**	**3.03**
2.46	**3.03**	**3.12**	**3.23**	**3.33**
3.15	**3.32**	**3.41**	**3.52**	**4.02**
3.45	**4.02**	**4.11**	**4.22**	**4.32**
4.16	**4.33**	**4.42**	**4.53**	**5.03**
4.44	**5.00**	**5.09**	**5.20**	**5.30**
5.14	**5.30**	**5.39**	**5.50**	**6.00**
5.47	**6.03**	**6.12**	**6.23**	**6.33**
6.17	**6.33**	**6.42**	**6.53**	**7.03**
6.47	**7.02**	**7.11**	**7.21**	**7.31**
7.17	**7.32**	**7.41**	**7.51**	**8.01**
7.48	**8.03**	**8.12**	**8.22**	**8.32**
8.19	**8.34**	**8.43**	**8.53**	**9.03**
8.51	**9.06**	**9.14**	**9.24**	**9.34**
9.21	**9.35**	**9.43**	**9.53**	**10.02**
9.44	**9.58**	**10.06**	**10.16**	**10.25**
10.14	**10.27**	**10.34**	**10.44**	**10.53**
10.44	**10.57**	**11.04**	**11.14**	**11.23**
11.30	**11.43**	**11.50**	12.00	12.09
12.30	12.43	12.50	1.00	1.09

SUNDAY & HOLIDAYS

Metrotown Station Bay 13	Burnaby City Hall (E) #52716	Sperling Station Bay 3	Production Station Bay 3	Lougheed Station (E)
7.35	7.47	7.54	8.03	8.12
8.05	8.18	8.25	8.35	8.44
8.35	8.48	8.55	9.05	9.14
9.05	9.19	9.27	9.37	9.46
9.35	9.49	9.57	10.07	10.17
10.05	10.19	10.27	10.37	10.47
10.35	10.50	10.58	11.08	11.18
11.05	11.20	11.28	11.38	11.48
11.35	11.50	11.58	**12.08**	**12.18**
12.05	**12.20**	**12.28**	**12.38**	**12.50**
12.35	**12.50**	**12.58**	**1.08**	**1.20**
1.05	**1.21**	**1.30**	**1.40**	**1.51**
1.35	**1.51**	**2.00**	**2.10**	**2.21**
2.05	**2.21**	**2.30**	**2.40**	**2.51**
2.35	**2.51**	**3.00**	**3.10**	**3.21**
3.05	**3.21**	**3.30**	**3.40**	**3.51**
3.35	**3.51**	**4.00**	**4.10**	**4.21**
4.05	**4.21**	**4.30**	**4.40**	**4.51**
4.35	**4.51**	**5.00**	**5.10**	**5.21**
5.05	**5.21**	**5.30**	**5.40**	**5.51**
5.35	**5.51**	**6.00**	**6.10**	**6.21**
6.05	**6.20**	**6.29**	**6.39**	**6.49**
6.35	**6.50**	**6.59**	**7.09**	**7.19**
7.05	**7.20**	**7.29**	**7.39**	**7.49**
7.35	**7.50**	**7.59**	**8.09**	**8.19**
8.05	**8.19**	**8.27**	**8.37**	**8.47**
8.35	**8.49**	**8.57**	**9.07**	**9.17**
9.05	**9.19**	**9.27**	**9.37**	**9.47**
9.35	**9.49**	**9.57**	**10.07**	**10.17**
10.05	**10.19**	**10.27**	**10.37**	**10.45**
10.35	**10.49**	**10.57**	**11.07**	**11.15**
11.35	**11.48**	**11.55**	12.05	12.12
12.40	12.53	1.00	1.10	1.18