Effective - April 20, 2026

157 Burquitlam Station
157 Lougheed Station

From Lougheed Station via Gatineau, North Rd, Lougheed, Brunette, LeBleu, Alderson, Marmont, Rochester, Schoolhouse, Winslow, Poirier, Foster, Blue Mountain, Cottonwood, Robinson, Foster, North Rd, Clarke to Burquitlam Station.

From Burquitlam Station via Clarke, Como Lake, North Rd, Foster, Robinson, Cottonwood, Blue Mountain, Foster, Poirier, Winslow, Schoolhouse, Rochester, Marmont, Alderson, LeBleu, Brunette, Lougheed, North Rd, Gatineau to Lougheed Station.

Lougheed Station Bay 8	Poirier at Winslow #58420	Burquitlam Station (E)
MONDAY TO FRIDAY		
5.30	5.45	5.57
6.00	6.15	6.27
6.30	6.45	6.57
7.00	7.17	7.29
7.30	7.47	7.59
8.00	8.19	8.31
8.30	8.49	9.01
9.00	9.19	9.30
9.30	9.47	9.58
10.00	10.17	10.29
10.30	10.47	10.59
11.00	11.17	11.29
11.30	11.47	11.59
12.00	**12.17**	**12.29**
12.30	**12.47**	**12.59**
1.00	**1.17**	**1.29**
1.30	**1.47**	**1.59**
2.08	**2.25**	**2.38**
2.30	**2.48**	**3.01**
3.00	**3.21**	**3.34**
3.34	**3.55**	**4.08**
4.04	**4.23**	**4.35**
4.33	**4.52**	**5.04**
5.02	**5.21**	**5.33**
5.31	**5.50**	**6.01**
6.01	**6.19**	**6.31**
6.29	**6.47**	**6.59**
6.59	**7.17**	**7.29**
7.29	**7.47**	**7.59**
7.57	**8.12**	**8.24**
8.29	**8.44**	**8.54**
9.00	**9.15**	**9.25**
9.31	**9.46**	**9.56**
10.01	**10.16**	**10.26**
10.32	**10.47**	**10.57**
11.00	**11.15**	**11.25**
SATURDAY		
5.45	5.57	6.06
6.15	6.27	6.37
6.45	6.57	7.07
7.15	7.27	7.37
7.45	7.57	8.07
8.15	8.27	8.37
8.45	8.59	9.09
9.15	9.29	9.39
9.45	9.59	10.09
10.15	10.32	10.43
10.45	11.02	11.13
11.15	11.32	11.44
11.45	**12.02**	**12.14**
12.15	**12.31**	**12.43**
12.45	**1.01**	**1.13**
1.15	**1.31**	**1.43**
1.45	**2.02**	**2.14**

CONTINUED . . . . . .

Burquitlam Station Bay 2	Winslow at Poirier #58416	Lougheed Station (E)
MONDAY TO FRIDAY		
5.45	5.58	6.13
6.15	6.29	6.45
6.45	6.59	7.16
7.11	7.25	7.44
7.41	7.58	8.16
8.12	8.29	8.47
8.42	8.59	9.17
9.12	9.27	9.45
9.42	9.57	10.15
10.12	10.27	10.44
10.42	10.57	11.14
11.12	11.27	11.45
11.42	11.57	**12.15**
12.12	**12.28**	**12.46**
12.42	**12.57**	**1.15**
1.12	**1.27**	**1.45**
1.42	**1.57**	**2.15**
2.12	**2.29**	**2.49**
2.45	**3.03**	**3.23**
3.12	**3.31**	**3.51**
3.42	**4.01**	**4.20**
4.13	**4.32**	**4.51**
4.42	**5.01**	**5.18**
5.12	**5.31**	**5.48**
5.40	**5.59**	**6.15**
6.12	**6.30**	**6.46**
6.42	**6.59**	**7.14**
7.12	**7.28**	**7.43**
7.42	**7.58**	**8.11**
8.12	**8.28**	**8.41**
8.42	**8.55**	**9.08**
9.12	**9.25**	**9.38**
9.42	**9.55**	**10.08**
10.12	**10.25**	**10.38**
10.42	**10.55**	**11.08**
11.05	**11.18**	**11.31**
11.40	**11.53**	12.06
SATURDAY		
5.45	5.57	6.09
6.20	6.32	6.44
6.50	7.02	7.14
7.20	7.33	7.45
7.50	8.03	8.17
8.20	8.33	8.47
8.50	9.03	9.17
9.20	9.34	9.49
9.50	10.04	10.19
10.20	10.34	10.49
10.50	11.05	11.21
11.20	11.35	11.51
11.50	**12.05**	**12.21**
12.20	**12.35**	**12.51**
12.50	**1.05**	**1.21**
1.20	**1.35**	**1.52**
1.51	**2.06**	**2.23**

CONTINUED . . . . . .

Effective - April 20, 2026

157 Burquitlam Station
157 Lougheed Station

Lougheed Station to Burquitlam Station

Burquitlam Station to Lougheed Station

(Refer to Monday to Friday for routing)

Lougheed Station Bay 8	Poirier at Winslow #58420	Burquitlam Station (E)
SATURDAY		
..... CONTINUED		
2.05	**2.22**	**2.33**
2.25	**2.42**	**2.53**
2.45	**3.02**	**3.13**
3.05	**3.22**	**3.33**
3.25	**3.42**	**3.53**
3.45	**4.02**	**4.13**
4.05	**4.22**	**4.32**
4.25	**4.42**	**4.52**
4.45	**5.02**	**5.12**
5.05	**5.22**	**5.32**
5.25	**5.42**	**5.52**
5.45	**6.02**	**6.12**
6.05	**6.22**	**6.32**
6.30	**6.48**	**6.58**
7.02	**7.20**	**7.30**
7.30	**7.45**	**7.55**
7.56	**8.11**	**8.21**
8.25	**8.40**	**8.50**
8.55	**9.10**	**9.20**
9.55	**10.10**	**10.19**
10.55	**11.10**	**11.19**
12.00	12.15	12.24
SUNDAY & HOLIDAYS		
7.10	7.24	7.33
7.50	8.04	8.13
8.20	8.34	8.44
8.50	9.04	9.15
9.20	9.34	9.45
9.50	10.04	10.15
10.20	10.34	10.45
10.50	11.05	11.16
11.20	11.35	11.46
11.50	**12.05**	**12.16**
12.20	**12.35**	**12.46**
12.50	**1.06**	**1.17**
1.20	**1.36**	**1.47**
1.50	**2.06**	**2.17**
2.05	**2.22**	**2.33**
2.25	**2.42**	**2.53**
2.45	**3.02**	**3.13**
3.05	**3.22**	**3.33**
3.25	**3.42**	**3.53**
3.45	**4.02**	**4.13**
4.05	**4.22**	**4.33**
4.25	**4.42**	**4.53**
4.45	**5.02**	**5.13**
5.05	**5.22**	**5.33**
5.25	**5.42**	**5.53**
5.45	**6.02**	**6.13**
6.05	**6.21**	**6.32**
6.25	**6.41**	**6.52**
6.50	**7.06**	**7.17**
7.20	**7.36**	**7.47**
7.50	**8.06**	**8.17**
8.20	**8.36**	**8.47**
8.50	**9.06**	**9.17**
9.15	**9.31**	**9.40**
10.15	**10.31**	**10.40**
11.20	**11.35**	**11.44**

Burquitlam Station Bay 2	Winslow at Poirier #58416	Lougheed Station (E)
SATURDAY		
..... CONTINUED		
2.21	**2.36**	**2.53**
2.45	**3.00**	**3.17**
3.05	**3.20**	**3.37**
3.25	**3.40**	**3.57**
3.45	**4.00**	**4.17**
4.05	**4.20**	**4.37**
4.25	**4.40**	**4.57**
4.45	**5.00**	**5.17**
5.05	**5.20**	**5.37**
5.25	**5.40**	**5.55**
5.45	**6.00**	**6.15**
6.05	**6.20**	**6.35**
6.25	**6.40**	**6.54**
6.45	**7.00**	**7.14**
7.20	**7.35**	**7.49**
7.50	**8.03**	**8.17**
8.30	**8.43**	**8.57**
9.00	**9.13**	**9.27**
9.30	**9.43**	**9.57**
10.30	**10.43**	**10.55**
11.30	**11.43**	**11.55**
SUNDAY & HOLIDAYS		
6.20	6.32	6.46
6.55	7.07	7.21
7.25	7.37	7.51
7.55	8.07	8.21
8.25	8.37	8.51
8.55	9.07	9.21
9.25	9.39	9.53
9.55	10.09	10.24
10.25	10.39	10.54
10.55	11.09	11.26
11.25	11.39	11.56
11.55	**12.09**	**12.26**
12.25	**12.39**	**12.56**
12.55	**1.09**	**1.26**
1.25	**1.39**	**1.56**
1.55	**2.09**	**2.26**
2.25	**2.40**	**2.57**
2.45	**3.00**	**3.15**
3.05	**3.20**	**3.35**
3.25	**3.40**	**3.55**
3.45	**4.00**	**4.15**
4.05	**4.20**	**4.35**
4.25	**4.40**	**4.55**
4.45	**5.00**	**5.15**
5.05	**5.20**	**5.35**
5.25	**5.40**	**5.55**
5.45	**6.00**	**6.15**
6.05	**6.19**	**6.34**
6.25	**6.39**	**6.53**
7.00	**7.14**	**7.28**
7.25	**7.39**	**7.53**
7.55	**8.09**	**8.23**
8.24	**8.38**	**8.52**
8.55	**9.09**	**9.23**
9.25	**9.39**	**9.53**
9.50	**10.04**	**10.18**
10.45	**10.59**	**11.11**
11.50	12.04	12.16