Effective - January 5, 2026

236 Grouse Mountain/Lonsdale Quay

From Lonsdale Quay via Carrie Cates Court, Rogers, W Esplanade, Forbes, 3 St, Marine, MacKay, 22 St (Pemberton Heights), Keith, Hwy 1 off-ramp, Capilano Rd, Nancy Greene Way to Grouse Mountain.

From Grouse Mountain via Nancy Greene Way, Capilano Rd, Hwy 1 on-ramp, Keith, 22 St (Pemberton Heights), MacKay, 17 St, Lloyd, Marine, 3 St, Forbes, Esplanade, Rogers, Carrie Cates Court to Lonsdale Quay.

Lonsdale Quay Bay 6		22 St at Philip (E) #54390	22 St at Philip (E) #54389	Capilano Suspension Bridge #54304	Grouse Mountain (E)
MONDAY TO FRIDAY					
6.31	-	6.43	6.49	6.56
7.30	-	7.43	7.49	7.57
-	-	8.14*	8.20	8.28
8.32	-	8.44	8.50	8.57
9.03	-	9.15	9.21	9.28
9.23	-	9.35	9.41	9.48
9.53	-	10.04	10.10	10.17
10.24	-	10.35	10.41	10.48
10.40	-	10.52	10.58	11.05
10.56	-	11.08	11.14	11.21
11.27	-	11.39	11.45	11.52
11.55	-	**12.08**	**12.14**	**12.22**
12.23	-	**12.36**	**12.42**	**12.50**
12.53	-	**1.06**	**1.13**	**1.21**
1.21	-	**1.34**	**1.41**	**1.49**
1.52	-	**2.05**	**2.12**	**2.20**
2.21	-	**2.34**	**2.41**	**2.49**
2.51	-	**3.04**	**3.11**	**3.19**
3.04	-	**3.18**	**3.25**	**3.33**
3.21	-	**3.35**	**3.42**	**3.50**
3.40	-	**3.54**	**4.01**	**4.09**
3.52	-	**4.06**	**4.13**	**4.21**
4.11	-	**4.25**	**4.32**	**4.40**
4.21	-	**4.35**	**4.42**	**4.50**
4.42	-	**4.56**	**5.03**	**5.11**
4.53	-	**5.07**	**5.14**	**5.22**
5.12	-	**5.26**	**5.33**	**5.41**
5.22	-	**5.36**	**5.43**	**5.51**
5.41	-	**5.54**	**6.01**	**6.09**
5.54	-	**6.07**	**6.14**	**6.22**
6.06	-	**6.19**	**6.25**	**6.32**
6.21	-	**6.34**	**6.40**	**6.47**
6.41	-	**6.53**	**6.59**	**7.06**
7.01	-	**7.13**	**7.19**	**7.26**
8.04	-	**8.15**	**8.21**	**8.28**
9.04	-	**9.15**	**9.20**	**9.27**
10.06	-	**10.17**	**10.22**	**10.29**
11.06	-	**11.16**	**11.21**	**11.28**
12.06	-	12.16	12.21	12.28

Grouse Mountain #54290	Capilano Suspension Bridge #54397	22 St at Philip (E) #54390	Lonsdale Quay (E)
MONDAY TO FRIDAY			
-	-	6.12	6.25
6.57	7.05	7.10	7.24
7.26	7.34	7.38	7.52
7.56	8.04	8.09	8.23
8.36	8.44	8.49	9.03
9.08	9.16	9.20	9.34
9.30	9.38	9.42	9.56
9.56	10.04	10.08	10.22
10.25	10.33	10.37	10.51
10.56	11.04	11.08	11.22
11.22	11.30	11.35	11.50
11.57	**12.05**	**12.10**	**12.24**
12.27	**12.35**	**12.40**	**12.55**
12.55	**1.03**	**1.08**	**1.23**
1.27	**1.35**	**1.40**	**1.55**
1.54	**2.02**	**2.07**	**2.22**
2.25	**2.34**	**2.40**	**2.56**
2.54	**3.03**	**3.09**	**3.25**
3.11	**3.20**	**3.26**	**3.43**
3.24	**3.33**	**3.39**	**3.56**
3.38	**3.47**	**3.53**	**4.10**
3.55	**4.03**	**4.09**	**4.27**
4.14	**4.22**	**4.27**	**4.43**
4.26	**4.34**	**4.40**	**4.58**
4.42	**4.50**	**4.56**	**5.14**
4.55	**5.03**	**5.08**	**5.24**
5.14	**5.22**	**5.28**	**5.44**
5.27	**5.35**	**5.41**	**5.57**
5.46	**5.54**	**5.59**	**6.15**
5.57	**6.05**	**6.10**	**6.26**
6.14	**6.22**	**6.27**	**6.42**
6.27	**6.35**	**6.40**	**6.55**
6.42	**6.49**	**6.54**	**7.08**
6.57	**7.04**	**7.09**	**7.23**
7.31	**7.38**	**7.42**	**7.56**
8.32	**8.39**	**8.43**	**8.56**
9.33	**9.40**	**9.44**	**9.57**
10.35	**10.42**	**10.46**	**10.57**
11.35	**11.42**	**11.46**	**11.57**
12.34	12.41	12.44	12.54

***** This trip begins at Marine Dr and Fell Ave 6 minutes earlier

Effective - January 5, 2026

236 Grouse Mountain/Lonsdale Quay

Lonsdale Quay to Pemberton Heights and Grouse Mountain | Grouse Mountain and Pemberton Heights to Lonsdale Quay

(Refer to Monday to Friday for routing)

Lonsdale Quay Bay 6	22 St at Philip (E) #54390	22 St at Philip (E) #54389	Capilano Suspension Bridge #54304	Grouse Mountain (E)	Grouse Mountain #54290	Capilano Suspension Bridge #54397	22 St at Philip (E) #54390	Lonsdale Quay (E)
SATURDAY					**SATURDAY**			
6.32	-	6.43	6.48	6.55	6.30	6.38	6.42	6.54
7.00	7.12	-	-	-	-	-	7.17	7.29
7.35	-	7.46	7.51	7.58	7.30	7.38	7.42	7.55
8.00	8.12	-	-	-	-	-	8.17	8.29
8.35	-	8.46	8.51	8.58	8.28	8.36	8.40	8.51
9.01	-	9.12	9.17	9.24	8.59	9.07	9.11	9.22
9.16	-	9.27	9.32	9.39	9.29	9.36	9.40	9.54
9.32	-	9.43	9.48	9.55	9.45	9.52	9.56	10.10
9.48	-	9.59	10.04	10.11	10.00	10.07	10.11	10.25
10.02	-	10.14	10.20	10.27	10.15	10.22	10.26	10.40
10.17	-	10.29	10.35	10.42	10.30	10.37	10.41	10.53
10.32	-	10.44	10.50	10.57	10.45	10.52	10.56	11.08
10.47	-	10.59	11.05	11.12	11.00	11.07	11.12	11.26
11.02	-	11.14	11.20	11.27	11.15	11.22	11.27	11.41
11.17	-	11.29	11.35	11.42	11.30	11.38	11.43	11.57
11.32	-	11.44	11.50	11.57	11.45	11.53	11.58	**12.12**
11.47	-	11.59	**12.05**	**12.12**	**12.00**	**12.08**	**12.13**	**12.27**
12.02	-	**12.15**	**12.21**	**12.29**	**12.15**	**12.23**	**12.28**	**12.42**
12.17	-	**12.30**	**12.36**	**12.44**	**12.30**	**12.38**	**12.43**	**12.58**
12.32	-	**12.44**	**12.50**	**12.58**	**12.45**	**12.53**	**12.58**	**1.13**
12.47	-	**12.59**	**1.05**	**1.13**	**1.00**	**1.08**	**1.13**	**1.28**
1.03	-	**1.15**	**1.21**	**1.29**	**1.15**	**1.23**	**1.28**	**1.43**
1.18	-	**1.30**	**1.36**	**1.44**	**1.30**	**1.38**	**1.43**	**1.58**
1.33	-	**1.46**	**1.53**	**2.01**	**1.44**	**1.52**	**1.57**	**2.12**
1.48	-	**2.01**	**2.08**	**2.16**	**1.59**	**2.07**	**2.12**	**2.27**
2.03	-	**2.16**	**2.23**	**2.32**	**2.14**	**2.22**	**2.27**	**2.42**
2.18	-	**2.31**	**2.38**	**2.47**	**2.29**	**2.37**	**2.42**	**2.57**
2.33	-	**2.46**	**2.53**	**3.02**	**2.43**	**2.51**	**2.56**	**3.11**
2.48	-	**3.01**	**3.08**	**3.17**	**2.59**	**3.07**	**3.12**	**3.27**
3.03	-	**3.16**	**3.23**	**3.32**	**3.14**	**3.22**	**3.27**	**3.43**
3.19	-	**3.32**	**3.39**	**3.48**	**3.29**	**3.37**	**3.42**	**3.58**
3.34	-	**3.48**	**3.55**	**4.04**	**3.43**	**3.52**	**3.57**	**4.13**
3.49	-	**4.03**	**4.10**	**4.19**	**3.58**	**4.07**	**4.12**	**4.28**
4.04	-	**4.18**	**4.25**	**4.34**	**4.12**	**4.21**	**4.26**	**4.42**
4.19	-	**4.33**	**4.40**	**4.49**	**4.28**	**4.36**	**4.41**	**4.57**
4.34	-	**4.47**	**4.54**	**5.01**	**4.42**	**4.50**	**4.55**	**5.11**
4.49	-	**5.02**	**5.09**	**5.16**	**4.57**	**5.05**	**5.10**	**5.26**
5.04	-	**5.17**	**5.23**	**5.32**	**5.12**	**5.20**	**5.25**	**5.41**
5.19	-	**5.32**	**5.38**	**5.47**	**5.27**	**5.35**	**5.40**	**5.55**
5.34	-	**5.47**	**5.53**	**6.02**	**5.42**	**5.50**	**5.55**	**6.10**
5.49	-	**6.02**	**6.08**	**6.17**	**5.57**	**6.05**	**6.10**	**6.25**
6.04	-	**6.16**	**6.22**	**6.31**	**6.12**	**6.20**	**6.25**	**6.39**
6.19	-	**6.31**	**6.37**	**6.46**	**6.27**	**6.35**	**6.40**	**6.54**
6.34	-	**6.46**	**6.52**	**7.00**	**6.58**	**7.06**	**7.11**	**7.25**
7.02	-	**7.14**	**7.20**	**7.28**	**7.29**	**7.37**	**7.41**	**7.55**
8.05	-	**8.16**	**8.22**	**8.29**	**8.30**	**8.38**	**8.42**	**8.55**
9.06	-	**9.17**	**9.23**	**9.30**	**9.32**	**9.39**	**9.43**	**9.56**
10.05	-	**10.16**	**10.21**	**10.28**	**10.34**	**10.41**	**10.45**	**10.58**
11.05	-	**11.15**	**11.20**	**11.27**	**11.34**	**11.41**	**11.45**	**11.57**
12.03	-	12.13	12.18	12.25	12.32	12.39	12.43	12.54

Effective - January 5, 2026

236 Grouse Mountain/Lonsdale Quay

Lonsdale Quay to Pemberton Heights and Grouse Mountain | Grouse Mountain and Pemberton Heights to Lonsdale Quay

(Refer to Monday to Friday for routing)

Lonsdale Quay Bay 6	22 St at Philip (E) #54390	22 St at Philip (E) #54389	Capilano Suspension Bridge #54304	Grouse Mountain (E)
SUNDAY & HOLIDAYS				
8.03	8.15	-	-	-
8.34	-	8.45	8.50	8.57
9.04	-	9.15	9.20	9.27
9.19	-	9.30	9.35	9.42
9.34	-	9.45	9.50	9.57
9.49	-	10.00	10.05	10.12
10.04	-	10.15	10.21	10.28
10.19	-	10.30	10.36	10.43
10.32	-	10.43	10.49	10.56
10.49	-	11.00	11.06	11.13
11.05	-	11.16	11.22	11.29
11.20	-	11.31	11.37	11.44
11.35	-	11.46	11.52	**12.00**
11.50	-	**12.01**	**12.07**	**12.15**
12.05	-	**12.18**	**12.24**	**12.32**
12.20	-	**12.33**	**12.39**	**12.47**
12.35	-	**12.47**	**12.53**	**1.01**
12.50	-	**1.02**	**1.08**	**1.16**
1.05	-	**1.17**	**1.23**	**1.31**
1.24	-	**1.36**	**1.42**	**1.50**
1.37	-	**1.49**	**1.55**	**2.03**
1.52	-	**2.04**	**2.10**	**2.18**
2.07	-	**2.19**	**2.25**	**2.32**
2.22	-	**2.34**	**2.40**	**2.47**
2.37	-	**2.49**	**2.55**	**3.02**
2.51	-	**3.03**	**3.09**	**3.16**
3.07	-	**3.19**	**3.25**	**3.32**
3.20	-	**3.32**	**3.38**	**3.45**
3.37	-	**3.49**	**3.55**	**4.02**
3.52	-	**4.04**	**4.10**	**4.17**
4.08	-	**4.20**	**4.26**	**4.34**
4.22	-	**4.34**	**4.40**	**4.48**
4.37	-	**4.49**	**4.55**	**5.03**
4.52	-	**5.05**	**5.11**	**5.19**
5.07	-	**5.20**	**5.26**	**5.34**
5.22	-	**5.35**	**5.41**	**5.49**
5.37	-	**5.50**	**5.56**	**6.04**
5.52	-	**6.05**	**6.11**	**6.19**
6.04	-	**6.15**	**6.21**	**6.29**
6.18	-	**6.29**	**6.35**	**6.43**
6.33	-	**6.44**	**6.50**	**6.58**
7.03	-	**7.14**	**7.20**	**7.28**
8.04	-	**8.15**	**8.21**	**8.29**
9.06	-	**9.17**	**9.22**	**9.29**
10.05	-	**10.15**	**10.20**	**10.27**
11.04	-	**11.14**	**11.19**	**11.26**

Grouse Mountain #54290	Capilano Suspension Bridge #54397	22 St at Philip (E) #54390	Lonsdale Quay (E)
SUNDAY & HOLIDAYS			
-	-	8.16	8.28
9.03	9.11	9.15	9.28
9.33	9.41	9.45	9.57
9.48	9.56	10.00	10.12
10.01	10.09	10.13	10.25
10.18	10.26	10.30	10.42
10.33	10.41	10.45	10.57
10.48	10.56	11.00	11.12
11.00	11.08	11.12	11.24
11.18	11.26	11.30	11.42
11.32	11.40	11.44	11.57
11.47	11.55	11.59	**12.12**
12.01	**12.09**	**12.13**	**12.27**
12.17	**12.25**	**12.29**	**12.43**
12.32	**12.40**	**12.44**	**12.58**
12.47	**12.55**	**12.59**	**1.13**
1.01	**1.09**	**1.13**	**1.27**
1.16	**1.24**	**1.28**	**1.42**
1.31	**1.39**	**1.43**	**1.57**
1.46	**1.54**	**1.58**	**2.12**
2.00	**2.08**	**2.13**	**2.27**
2.16	**2.24**	**2.29**	**2.43**
2.31	**2.39**	**2.44**	**2.58**
2.46	**2.54**	**2.59**	**3.13**
2.57	**3.05**	**3.10**	**3.24**
3.14	**3.22**	**3.27**	**3.41**
3.28	**3.36**	**3.41**	**3.55**
3.44	**3.52**	**3.57**	**4.12**
4.00	**4.08**	**4.13**	**4.28**
4.16	**4.24**	**4.29**	**4.43**
4.31	**4.39**	**4.44**	**4.58**
4.46	**4.54**	**4.59**	**5.13**
5.01	**5.09**	**5.14**	**5.28**
5.16	**5.24**	**5.29**	**5.43**
5.31	**5.39**	**5.44**	**5.58**
5.46	**5.54**	**5.58**	**6.12**
6.01	**6.09**	**6.13**	**6.27**
6.16	**6.24**	**6.28**	**6.42**
6.32	**6.40**	**6.44**	**6.58**
7.02	**7.10**	**7.14**	**7.27**
7.34	**7.42**	**7.46**	**7.59**
8.34	**8.42**	**8.46**	**8.58**
9.34	**9.42**	**9.46**	**9.58**
10.32	**10.40**	**10.44**	**10.55**