Effective - January 5, 2026

187 Parkway

From Coquitlam Central Station via access road, Mariner, Johnson, Plateau, Paddock, Plateau to Parkway.

Coquitlam Central Station Bay 9	Johnson at David (E) #53938	Parkway Blvd at Plateau #58846 (E)
MONDAY TO FRIDAY		
4.32	4.37	4.47
5.00	5.05	5.15
5.20	5.25	5.35
5.33	5.38	5.48
5.48	5.53	6.03
6.03	6.08	6.18
6.22	6.27	6.37
6.32	6.38	6.48
6.46	6.52	7.02
7.00	7.06	7.17
7.15	7.21	7.32
7.27	7.33	7.44
7.46	7.52	8.03
7.59	8.05	8.16
8.17	8.24	8.35
8.32	8.39	8.50
8.47	8.54	9.05
9.05	9.11	9.22
9.35	9.41	9.52
10.05	10.11	10.22
10.35	10.41	10.52
11.05	11.11	11.22
11.35	11.41	11.52
12.05	**12.11**	**12.22**
12.35	**12.41**	**12.52**
1.05	**1.11**	**1.22**
1.35	**1.41**	**1.52**
2.05	**2.11**	**2.22**
2.38	**2.46**	**3.00**
2.45	**2.53**	**3.07**
3.04	**3.12**	**3.26**
3.19	**3.27**	**3.41**
3.39	**3.47**	**4.01**
3.54	**4.02**	**4.16**
4.09	**4.17**	**4.31**
4.27	**4.35**	**4.49**
4.47	**4.54**	**5.07**
5.03	**5.10**	**5.23**
5.18	**5.25**	**5.38**
5.33	**5.40**	**5.53**
5.50	**5.57**	**6.10**
6.09	**6.16**	**6.29**
6.24	**6.31**	**6.44**
6.42	**6.48**	**6.59**
7.00	**7.06**	**7.17**
7.15	**7.21**	**7.32**
7.45	**7.51**	**8.02**
8.15	**8.20**	**8.30**
CONTINUED		

Coquitlam Central Station Bay 9	Johnson at David (E) #53938	Parkway Blvd at Plateau #58846 (E)
MONDAY TO FRIDAY		
. . . . . CONTINUED		
8.45	**8.50**	**9.00**
9.15	**9.20**	**9.30**
9.45	**9.50**	**10.00**
10.15	**10.20**	**10.30**
10.45	**10.50**	**11.00**
11.15	**11.20**	**11.30**
SATURDAY		
5.45	5.50	5.58
6.15	6.20	6.28
6.45	6.50	6.58
7.15	7.20	7.30
7.45	7.50	8.00
8.15	8.20	8.30
8.45	8.50	9.00
9.15	9.20	9.30
9.45	9.51	10.01
10.15	10.22	10.33
10.45	10.52	11.03
11.15	11.22	11.33
11.45	11.52	**12.03**
12.15	**12.22**	**12.33**
12.45	**12.52**	**1.03**
1.15	**1.22**	**1.33**
1.45	**1.52**	**2.03**
2.15	**2.22**	**2.33**
2.45	**2.52**	**3.03**
3.15	**3.22**	**3.33**
3.45	**3.52**	**4.03**
4.15	**4.22**	**4.33**
4.45	**4.52**	**5.03**
5.15	**5.22**	**5.33**
5.45	**5.52**	**6.03**
6.15	**6.21**	**6.32**
6.45	**6.51**	**7.02**
7.15	**7.21**	**7.32**
7.45	**7.51**	**8.02**
8.15	**8.21**	**8.31**
8.51	**8.57**	**9.07**
9.15	**9.21**	**9.31**

Coquitlam Central Station Bay 9	Johnson at David (E) #53938	Parkway Blvd at Plateau #58846 (E)
SUNDAY & HOLIDAYS		
6.45	6.50	6.59
7.15	7.20	7.29
7.45	7.50	7.59
8.15	8.20	8.29
8.45	8.51	9.01
9.15	9.21	9.31
9.45	9.51	10.01
10.15	10.22	10.33
10.45	10.52	11.03
11.15	11.22	11.33
11.45	11.52	**12.03**
12.15	**12.22**	**12.33**
12.45	**12.52**	**1.03**
1.15	**1.22**	**1.33**
1.45	**1.52**	**2.03**
2.15	**2.22**	**2.33**
2.45	**2.52**	**3.03**
3.15	**3.22**	**3.33**
3.45	**3.52**	**4.03**
4.15	**4.22**	**4.33**
4.45	**4.52**	**5.03**
5.15	**5.22**	**5.33**
5.45	**5.52**	**6.03**
6.15	**6.21**	**6.32**
6.45	**6.51**	**7.02**
7.15	**7.21**	**7.32**
7.45	**7.51**	**8.02**
8.15	**8.21**	**8.31**
8.51	**8.57**	**9.07**
9.15	**9.21**	**9.31**

187 Coquitlam Central Station

From Parkway at Plateau via Parkway, Johnson, access road under Mariner Way overpass to Coquitlam Central Station.

Parkway Blvd at Plateau #58846	Parkway Blvd at Panorama (E) #58838	Coquitlam Central Station (E)
MONDAY TO FRIDAY		
4.47	4.52	4.58
5.15	5.21	5.28
5.35	5.41	5.48
5.48	5.54	6.01
6.03	6.10	6.18
6.18	6.25	6.33
6.37	6.44	6.52
6.48	6.55	7.03
7.02	7.09	7.17
7.17	7.24	7.32
7.32	7.40	7.50
7.44	7.52	8.02
8.03	8.11	8.20
8.16	8.24	8.33
8.35	8.43	8.52
8.50	8.58	9.07
9.05	9.12	9.21
9.22	9.29	9.38
9.52	9.59	10.07
10.22	10.29	10.37
10.52	10.59	11.07
11.22	11.29	11.37
11.52	11.59	**12.07**
12.22	**12.30**	**12.39**
12.52	**1.00**	**1.09**
1.22	**1.30**	**1.39**
1.52	**2.00**	**2.09**
2.22	**2.30**	**2.39**
3.00	**3.09**	**3.19**
3.07	**3.16**	**3.26**
3.26	**3.34**	**3.43**
3.41	**3.49**	**3.58**
4.01	**4.09**	**4.18**
4.16	**4.24**	**4.33**
4.31	**4.39**	**4.48**
4.49	**4.57**	**5.06**
5.07	**5.14**	**5.23**
5.23	**5.30**	**5.39**
5.38	**5.45**	**5.54**
5.53	**6.00**	**6.09**
6.10	**6.17**	**6.25**
6.29	**6.36**	**6.44**
6.44	**6.50**	**6.58**
6.59	**7.05**	**7.13**
7.17	**7.23**	**7.31**
7.32	**7.39**	**7.47**
8.02	**8.09**	**8.17**
CONTINUED		

Parkway Blvd at Plateau #58846	Parkway Blvd at Panorama (E) #58838	Coquitlam Central Station (E)
MONDAY TO FRIDAY		
. . . . . CONTINUED		
8.30	**8.36**	**8.43**
9.00	**9.06**	**9.13**
9.30	**9.36**	**9.43**
10.00	**10.06**	**10.13**
10.30	**10.36**	**10.43**
11.00	**11.05**	**11.11**
11.30	**11.35**	**11.41**
SATURDAY		
5.58	6.03	6.10
6.28	6.33	6.40
6.58	7.03	7.10
7.30	7.36	7.43
8.00	8.06	8.13
8.30	8.36	8.44
9.00	9.06	9.14
9.30	9.37	9.46
10.01	10.08	10.17
10.33	10.40	10.49
11.03	11.10	11.19
11.33	11.40	11.49
12.03	**12.10**	**12.19**
12.33	**12.40**	**12.49**
1.03	**1.10**	**1.19**
1.33	**1.40**	**1.49**
2.03	**2.10**	**2.19**
2.33	**2.40**	**2.49**
3.03	**3.10**	**3.19**
3.33	**3.40**	**3.49**
4.03	**4.10**	**4.19**
4.33	**4.40**	**4.49**
5.03	**5.10**	**5.19**
5.33	**5.39**	**5.47**
6.03	**6.09**	**6.17**
6.32	**6.38**	**6.46**
7.02	**7.08**	**7.16**
7.32	**7.38**	**7.46**
8.02	**8.08**	**8.16**
8.31	**8.37**	**8.45**
9.07	**9.12**	**9.19**
9.31	**9.36**	**9.43**
3.11	**3.21**	
3.41	**3.51**	
4.13	**4.22**	
4.42	**4.51**	
5.12	**5.21**	
5.40	**5.49**	
6.10	**6.19**	
6.39	**6.47**	
7.08	**7.16**	
7.36	**7.44**	
8.06	**8.14**	
8.36	**8.43**	
9.06	**9.13**	
9.36	**9.43**	
10.05	**10.12**	
10.34	**10.41**	
11.04	**11.11**	
11.34	**11.41**	

Parkway Blvd at Plateau #58846	Parkway Blvd at Panorama (E) #58838	Coquitlam Central Station (E)
SUNDAY & HOLIDAYS		
6.59	7.04	7.11
7.29	7.34	7.41
7.59	8.04	8.11
8.29	8.35	8.43
9.01	9.07	9.15
9.31	9.37	9.45
10.01	10.07	10.15
10.33	10.40	10.49
11.03	11.10	11.19
11.33	11.40	11.49
12.03	**12.10**	**12.19**
12.33	**12.40**	**12.49**
1.03	**1.10**	**1.19**
1.33	**1.40**	**1.49**
2.03	**2.10**	**2.19**
2.33	**2.40**	**2.49**
3.03	**3.10**	**3.19**
3.33	**3.40**	**3.49**
4.03	**4.10**	**4.19**
4.33	**4.40**	**4.49**
5.03	**5.10**	**5.19**
5.33	**5.39**	**5.47**
6.03	**6.09**	**6.17**
6.32	**6.38**	**6.46**
7.02	**7.08**	**7.16**
7.32	**7.38**	**7.46**
8.02	**8.08**	**8.16**
8.31	**8.37**	**8.45**
9.07	**9.12**	**9.19**
9.31	**9.36**	**9.43**