Effective - January 5, 2026

186 Hampton Park

From Coquitlam Central Station via access road, Mariner, Barnet, Pinetree (Lincoln Station, Lafarge Lake-Douglas Station), David, Pipeline, Robson, Pinetree, Paddock to Plateau.

Coquitlam Central Station Bay 4	David at Pinetree Way (E) #60331	Paddock at 1700 Block #58850 (E)
MONDAY TO FRIDAY		
5.35	5.41	5.48
5.50	5.56	6.03
6.05	6.11	6.18
6.20	6.26	6.33
6.36	6.43	6.51
6.50	6.57	7.05
7.04	7.11	7.19
7.20	7.27	7.35
7.30	7.38	7.47
7.45	7.54	8.04
7.57	8.06	8.16
8.10	8.19	8.29
8.21	8.31	8.42
8.33	8.43	8.54
8.55	9.05	9.16
9.29	9.38	9.48
9.55	10.04	10.14
10.25	10.34	10.44
10.55	11.05	11.16
11.25	11.35	11.46
11.55	**12.05**	**12.16**
12.25	**12.35**	**12.47**
12.55	**1.05**	**1.17**
1.25	**1.36**	**1.48**
1.55	**2.06**	**2.18**
2.25	**2.36**	**2.48**
2.48	**2.59**	**3.12**
3.00	**3.11**	**3.24**
3.15	**3.25**	**3.37**
3.26	**3.36**	**3.48**
3.38	**3.48**	**4.00**
3.51	**4.01**	**4.13**
4.02	**4.12**	**4.24**
4.11	**4.21**	**4.33**
4.27	**4.37**	**4.49**
4.40	**4.50**	**5.02**
4.58	**5.08**	**5.20**
5.10	**5.20**	**5.32**
5.26	**5.36**	**5.48**
5.45	**5.55**	**6.07**
6.05	**6.15**	**6.27**
6.20	**6.30**	**6.42**
6.37	**6.46**	**6.57**
6.55	**7.04**	**7.15**
7.30	**7.39**	**7.49**
8.00	**8.09**	**8.19**
8.30	**8.39**	**8.49**
9.00	**9.08**	**9.17**
9.32	**9.40**	**9.49**
10.01	**10.09**	**10.18**
10.33	**10.41**	**10.50**
11.03	**11.11**	**11.20**

Coquitlam Central Station Bay 4	David at Pinetree Way (E) #60331	Paddock at 1700 Block #58850 (E)
SATURDAY		
5.37	5.42	5.49
6.05	6.11	6.19
6.35	6.41	6.49
7.05	7.11	7.19
7.35	7.41	7.49
8.05	8.12	8.21
8.35	8.42	8.51
9.05	9.12	9.21
9.35	9.43	9.52
10.05	10.13	10.22
10.35	10.43	10.53
11.03	11.11	11.21
11.32	11.41	11.51
12.00	**12.09**	**12.19**
12.30	**12.39**	**12.49**
1.00	**1.09**	**1.19**
1.30	**1.39**	**1.50**
2.00	**2.09**	**2.20**
2.30	**2.39**	**2.50**
3.00	**3.09**	**3.20**
3.29	**3.38**	**3.49**
4.00	**4.09**	**4.20**
4.20	**4.29**	**4.40**
4.40	**4.49**	**5.00**
5.00	**5.09**	**5.20**
5.20	**5.29**	**5.40**
5.40	**5.49**	**6.00**
6.00	**6.09**	**6.20**
6.20	**6.29**	**6.40**
6.41	**6.50**	**7.01**
7.03	**7.11**	**7.21**
7.22	**7.30**	**7.40**
7.40	**7.48**	**7.58**
8.00	**8.08**	**8.18**
8.30	**8.38**	**8.48**
9.00	**9.08**	**9.17**
9.30	**9.38**	**9.47**
10.00	**10.07**	**10.15**
10.30	**10.37**	**10.45**
11.00	**11.07**	**11.15**

Coquitlam Central Station Bay 4	David at Pinetree Way (E) #60331	Paddock at 1700 Block #58850 (E)
SUNDAY & HOLIDAYS		
6.35	6.41	6.49
7.05	7.11	7.19
7.35	7.41	7.49
8.05	8.11	8.19
8.35	8.41	8.49
9.05	9.12	9.21
9.35	9.42	9.51
10.05	10.12	10.21
10.35	10.42	10.51
11.05	11.12	11.21
11.35	11.43	11.53
12.00	**12.08**	**12.18**
12.30	**12.38**	**12.48**
1.00	**1.08**	**1.18**
1.30	**1.38**	**1.48**
2.00	**2.09**	**2.19**
2.30	**2.39**	**2.50**
3.00	**3.09**	**3.20**
3.30	**3.39**	**3.50**
4.00	**4.09**	**4.20**
4.30	**4.39**	**4.50**
5.00	**5.09**	**5.20**
5.30	**5.39**	**5.50**
5.57	**6.07**	**6.19**
6.25	**6.34**	**6.45**
7.00	**7.09**	**7.19**
7.30	**7.38**	**7.47**
8.00	**8.08**	**8.17**
8.30	**8.38**	**8.47**
9.00	**9.07**	**9.15**
9.30	**9.37**	**9.45**
9.55	**10.02**	**10.10**
10.28	**10.35**	**10.43**
11.00	**11.07**	**11.15**

Effective - January 5, 2026

186 Coquitlam Central Station

From Paddock at 1700 Block via Plateau, Pinetree, Robson, Pipeline, David, Pinetree (Lafarge Lake-Douglas Station, Lincoln Station), Lougheed Hwy to Coquitlam Central Station.

Paddock at 1700 Block #58850	Pinetree Way at David Ave (E) #60201	Coquitlam Central Station (E)
MONDAY TO FRIDAY		
5.48	5.56	6.02
6.03	6.11	6.17
6.18	6.26	6.32
6.33	6.41	6.47
6.51	6.59	7.05
7.05	7.14	7.21
7.19	7.30	7.38
7.35	7.46	7.54
7.47	7.58	8.06
8.04	8.15	8.23
8.16	8.28	8.37
8.29	8.41	8.50
8.42	8.54	9.04
8.54	9.06	9.16
9.16	9.27	9.36
9.48	9.58	10.06
10.14	10.24	10.32
10.44	10.54	11.02
11.16	11.27	11.35
11.46	11.57	**12.05**
12.16	**12.27**	**12.35**
12.47	**12.58**	**1.06**
1.17	**1.28**	**1.36**
1.48	**1.59**	**2.08**
2.18	**2.30**	**2.39**
2.48	**3.00**	**3.09**
3.12	**3.24**	**3.33**
3.24	**3.36**	**3.45**
3.37	**3.48**	**3.57**
3.48	**3.59**	**4.07**
4.00	**4.11**	**4.19**
4.13	**4.24**	**4.32**
4.24	**4.35**	**4.43**
4.33	**4.44**	**4.52**
4.49	**5.00**	**5.08**
5.02	**5.13**	**5.21**
5.20	**5.31**	**5.39**
5.32	**5.43**	**5.51**
5.48	**5.57**	**6.05**
6.07	**6.16**	**6.24**
6.27	**6.36**	**6.44**
6.42	**6.50**	**6.57**
6.57	**7.05**	**7.12**
7.15	**7.23**	**7.30**
7.49	**7.57**	**8.04**
8.19	**8.27**	**8.33**
8.49	**8.57**	**9.03**
9.17	**9.23**	**9.29**
9.49	**9.55**	**10.01**
10.18	**10.24**	**10.29**
10.50	**10.56**	**11.01**
11.20	**11.26**	**11.31**

Paddock at 1700 Block #58850	Pinetree Way at David Ave (E) #60201	Coquitlam Central Station (E)
SATURDAY		
5.49	5.56	6.02
6.19	6.26	6.32
6.49	6.56	7.02
7.19	7.27	7.34
7.49	7.57	8.04
8.21	8.30	8.38
8.51	9.00	9.08
9.21	9.30	9.38
9.52	10.03	10.11
10.22	10.33	10.41
10.53	11.04	11.12
11.21	11.32	11.40
11.51	**12.02**	**12.10**
12.19	**12.31**	**12.40**
12.49	**1.01**	**1.10**
1.19	**1.31**	**1.40**
1.50	**2.02**	**2.11**
2.20	**2.32**	**2.41**
2.50	**3.01**	**3.10**
3.20	**3.31**	**3.40**
3.49	**4.00**	**4.09**
4.20	**4.31**	**4.39**
4.40	**4.51**	**4.59**
5.00	**5.09**	**5.17**
5.20	**5.29**	**5.37**
5.40	**5.49**	**5.57**
6.00	**6.08**	**6.15**
6.20	**6.28**	**6.35**
6.40	**6.48**	**6.55**
7.01	**7.09**	**7.16**
7.21	**7.29**	**7.36**
7.40	**7.48**	**7.55**
7.58	**8.06**	**8.13**
8.18	**8.26**	**8.33**
8.48	**8.56**	**9.03**
9.17	**9.24**	**9.30**
9.47	**9.54**	**10.00**
10.15	**10.21**	**10.27**
10.45	**10.51**	**10.57**
11.15	**11.21**	**11.27**

Paddock at 1700 Block #58850	Pinetree Way at David Ave (E) #60201	Coquitlam Central Station (E)
SUNDAY & HOLIDAYS		
6.49	6.56	7.02
7.19	7.26	7.32
7.49	7.56	8.02
8.19	8.27	8.34
8.49	8.57	9.04
9.21	9.30	9.38
9.51	10.00	10.08
10.21	10.30	10.38
10.51	11.00	11.08
11.21	11.30	11.38
11.53	**12.02**	**12.10**
12.18	**12.27**	**12.35**
12.48	**12.57**	**1.05**
1.18	**1.27**	**1.35**
1.48	**1.57**	**2.05**
2.19	**2.29**	**2.37**
2.50	**3.00**	**3.08**
3.20	**3.30**	**3.38**
3.50	**4.00**	**4.08**
4.20	**4.29**	**4.36**
4.50	**4.59**	**5.06**
5.20	**5.29**	**5.36**
5.50	**5.59**	**6.06**
6.19	**6.28**	**6.35**
6.45	**6.53**	**6.59**
7.19	**7.27**	**7.33**
7.47	**7.55**	**8.01**
8.17	**8.25**	**8.31**
8.47	**8.55**	**9.01**
9.15	**9.22**	**9.28**
9.45	**9.52**	**9.58**
10.10	**10.16**	**10.21**
10.43	**10.49**	**10.54**
11.15	**11.21**	**11.26**