Effective - January 5, 2026

185 Lansdowne

From Coquitlam Central Station via access road, Mariner, Barnet, Lansdowne to Panorama.
Continues as 184 Moody Centre Station.

Coquitlam Central Station Bay 9	Lansdowne at Guildford (E) #53913	Panorama at Lansdowne (E)
MONDAY TO FRIDAY		
5.30	5.34	5.43
5.45	5.49	5.58
6.00	6.04	6.13
6.15	6.19	6.28
6.23	6.27	6.36
6.44	6.48	6.57
7.00	7.04	7.13
7.13	7.17	7.26
7.35	7.39	7.48
7.50	7.54	8.03
8.05	8.09	8.18
8.20	8.24	8.33
8.35	8.39	8.48
8.50	8.54	9.03
9.15	9.19	9.28
9.45	9.49	9.58
10.15	10.19	10.28
10.45	10.49	10.58
11.15	11.19	11.28
11.45	11.49	11.58
12.15	**12.19**	**12.28**
12.45	**12.49**	**12.58**
1.14	**1.18**	**1.27**
1.42	**1.46**	**1.55**
2.15	**2.19**	**2.28**
2.45	**2.49**	**2.58**
3.10	**3.14**	**3.23**
3.25	**3.29**	**3.38**
3.40	**3.45**	**3.54**
3.55	**4.00**	**4.09**
4.10	**4.15**	**4.24**
4.25	**4.30**	**4.39**
4.40	**4.45**	**4.55**
4.55	**5.00**	**5.10**
5.10	**5.15**	**5.25**
5.25	**5.30**	**5.40**
5.39	**5.44**	**5.54**
5.55	**6.00**	**6.10**
6.05	**6.10**	**6.20**
6.23	**6.28**	**6.38**
6.35	**6.40**	**6.49**
6.55	**7.00**	**7.09**
7.15	**7.20**	**7.29**
7.45	**7.49**	**7.58**
8.15	**8.19**	**8.28**
8.45	**8.49**	**8.58**
9.15	**9.19**	**9.28**
9.45	**9.49**	**9.58**
10.15	**10.19**	**10.28**
10.45	**10.49**	**10.58**
11.15	**11.19**	**11.28**
11.45	**11.49**	**11.58**

Coquitlam Central Station Bay 9	Lansdowne at Guildford (E) #53913	Panorama at Lansdowne (E)
SATURDAY		
7.15	7.18	7.25
7.45	7.49	7.58
8.15	8.19	8.28
8.45	8.49	8.58
9.15	9.19	9.28
9.45	9.49	9.56
10.16	10.20	10.27
10.46	10.50	10.57
11.17	11.21	11.29
11.45	11.49	11.57
12.15	**12.19**	**12.27**
12.45	**12.49**	**12.56**
1.15	**1.19**	**1.26**
1.45	**1.49**	**1.57**
2.16	**2.20**	**2.28**
2.46	**2.50**	**2.58**
3.15	**3.19**	**3.27**
3.45	**3.49**	**3.57**
4.14	**4.18**	**4.26**
4.43	**4.47**	**4.55**
5.13	**5.17**	**5.24**
5.44	**5.48**	**5.55**
6.13	**6.17**	**6.24**
6.44	**6.48**	**6.55**
7.15	**7.19**	**7.26**
7.45	**7.49**	**7.56**
8.15	**8.19**	**8.26**
8.45	**8.49**	**8.56**
9.15	**9.18**	**9.25**
9.45	**9.48**	**9.55**
10.15	**10.18**	**10.25**
10.47	**10.50**	**10.57**
11.15	**11.18**	**11.25**
11.45	**11.48**	**11.55**

Coquitlam Central Station Bay 9	Lansdowne at Guildford (E) #53913	Panorama at Lansdowne (E)
SUNDAY & HOLIDAYS		
7.45	7.49	7.56
8.15	8.19	8.26
8.45	8.49	8.56
9.15	9.19	9.26
9.45	9.49	9.58
10.15	10.19	10.28
10.45	10.49	10.56
11.15	11.19	11.26
11.45	11.49	11.56
12.15	**12.19**	**12.26**
12.45	**12.49**	**12.56**
1.15	**1.19**	**1.26**
1.45	**1.49**	**1.56**
2.15	**2.19**	**2.26**
2.45	**2.49**	**2.56**
3.16	**3.20**	**3.27**
3.46	**3.50**	**3.58**
4.15	**4.19**	**4.27**
4.45	**4.49**	**4.57**
5.15	**5.19**	**5.27**
5.46	**5.50**	**5.58**
6.16	**6.20**	**6.28**
6.45	**6.49**	**6.57**
7.15	**7.19**	**7.27**
7.51	**7.55**	**8.03**
8.15	**8.19**	**8.27**
8.45	**8.49**	**8.57**
9.15	**9.19**	**9.27**
9.45	**9.49**	**9.57**

Effective - January 5, 2026

185 Coquitlam Central Station

Arrives Lansdowne at Panorama as 184 Noons Creek.
Continues as **185 Coquitlam Central Station** via Lansdowne, Barnet, Mariner, access road under Mariner Way overpass to Coquitlam Central Station.

Lansdowne at Panorama #53903	Lansdowne at Guildford (E) #53912	Coquitlam Central Station (E)
MONDAY TO FRIDAY		
5.38	5.43	5.47
5.53	5.58	6.02
6.09	6.14	6.18
6.25	6.30	6.34
6.40	6.45	6.49
6.53	6.58	7.02
7.10	7.16	7.20
7.23	7.29	7.33
7.40	7.46	7.51
7.53	7.59	8.04
8.17	8.23	8.28
8.34	8.40	8.45
8.57	9.03	9.08
9.25	9.31	9.36
9.55	10.01	10.06
10.25	10.31	10.36
10.55	11.01	11.06
11.25	11.31	11.36
11.55	**12.01**	**12.06**
12.25	**12.31**	**12.36**
12.55	**1.01**	**1.06**
1.25	**1.31**	**1.36**
1.56	**2.02**	**2.07**
2.28	**2.35**	**2.40**
2.58	**3.05**	**3.10**
3.17	**3.24**	**3.29**
3.32	**3.39**	**3.44**
3.47	**3.54**	**3.59**
4.02	**4.09**	**4.14**
4.17	**4.24**	**4.29**
4.36	**4.43**	**4.48**
4.52	**4.59**	**5.04**
5.07	**5.14**	**5.19**
5.21	**5.28**	**5.33**
5.36	**5.42**	**5.47**
5.50	**5.56**	**6.00**
6.04	**6.10**	**6.14**
6.16	**6.22**	**6.26**
6.32	**6.38**	**6.42**
6.45	**6.51**	**6.55**
7.02	**7.07**	**7.11**
7.21	**7.26**	**7.30**
7.51	**7.56**	**8.00**
8.21	**8.26**	**8.29**
8.55	**9.00**	**9.03**
9.21	**9.26**	**9.29**
9.51	**9.56**	**9.59**
10.25	**10.30**	**10.33**
10.56	**11.01**	**11.04**
11.25	**11.30**	**11.33**

Lansdowne at Panorama #53903	Lansdowne at Guildford (E) #53912	Coquitlam Central Station (E)
SATURDAY		
7.33	7.38	7.42
8.05	8.10	8.14
8.35	8.40	8.44
9.05	9.10	9.14
9.35	9.41	9.46
10.07	10.13	10.18
10.37	10.43	10.48
11.07	11.14	11.19
11.37	11.44	11.49
12.07	**12.14**	**12.19**
12.35	**12.42**	**12.47**
1.05	**1.12**	**1.17**
1.35	**1.42**	**1.47**
2.05	**2.12**	**2.17**
2.37	**2.44**	**2.49**
3.07	**3.14**	**3.19**
3.37	**3.44**	**3.49**
4.07	**4.13**	**4.17**
4.37	**4.43**	**4.47**
5.07	**5.13**	**5.17**
5.37	**5.43**	**5.47**
6.07	**6.13**	**6.17**
6.37	**6.43**	**6.47**
7.02	**7.08**	**7.12**
7.35	**7.40**	**7.44**
8.05	**8.10**	**8.14**
8.35	**8.40**	**8.44**
9.05	**9.10**	**9.14**
9.35	**9.40**	**9.44**
10.05	**10.10**	**10.14**
10.35	**10.40**	**10.44**
11.05	**11.10**	**11.14**
11.35	**11.40**	**11.44**

Lansdowne at Panorama #53903	Lansdowne at Guildford (E) #53912	Coquitlam Central Station (E)
SUNDAY & HOLIDAYS		
8.37	8.43	8.47
9.07	9.13	9.17
9.37	9.43	9.47
10.07	10.13	10.17
10.37	10.43	10.47
11.07	11.13	11.17
11.37	11.43	11.47
12.07	**12.13**	**12.17**
12.37	**12.43**	**12.47**
1.07	**1.13**	**1.17**
1.37	**1.43**	**1.47**
2.07	**2.13**	**2.17**
2.37	**2.43**	**2.47**
3.07	**3.13**	**3.17**
3.37	**3.43**	**3.47**
4.07	**4.13**	**4.17**
4.37	**4.43**	**4.47**
5.07	**5.13**	**5.17**
5.37	**5.43**	**5.47**
6.07	**6.13**	**6.17**
6.37	**6.43**	**6.47**
7.07	**7.13**	**7.17**
7.37	**7.43**	**7.47**
8.07	**8.13**	**8.17**
8.37	**8.43**	**8.47**
9.07	**9.13**	**9.17**
9.37	**9.43**	**9.47**