Effective - January 5, 2026

183 Moody Centre Station

From Coquitlam Central Station via access road, Mariner, Barnet, Pinetree (Lincoln Station, Lafarge Lake-Douglas Station), Robson, Johnson, Panorama, left on Forest Park Way, David, Heritage Mountain Blvd, Ioco Rd (Inlet Centre Station), St Johns, Williams to Moody Centre Station.

Coquitlam Central Station Bay 5	Panorama at Lansdowne #58869	David at Heritage Woods Secondary (E) #58888	Moody Centre Station (E)
MONDAY TO FRIDAY			
4.40	4.53	4.58	5.08
5.02	5.15	5.20	5.30
5.22	5.35	5.40	5.50
5.40	5.53	5.59	6.10
5.55	6.08	6.14	6.25
6.09	6.22	6.28	6.39
6.25	6.38	6.44	6.55
6.37	6.50	6.57	7.09
6.53	7.06	7.13	7.25
7.04	7.19	7.27	7.40
7.22	7.37	7.44	7.56
7.33	7.51	7.58	8.10
7.46	8.04	8.11	8.23
7.59	8.17	8.24	8.36
8.19	8.36	8.43	8.55
8.40	8.58	9.06	9.20
9.10	9.28	9.35	9.47
9.40	9.56	10.03	10.14
10.10	10.26	10.33	10.44
10.40	10.56	11.03	11.14
11.11	11.27	11.34	11.45
11.40	11.57	**12.04**	**12.15**
12.11	**12.28**	**12.35**	**12.46**
12.41	**12.58**	**1.05**	**1.18**
1.11	**1.28**	**1.35**	**1.48**
1.41	**2.00**	**2.07**	**2.20**
2.12	**2.31**	**2.38**	**2.51**
2.41	**3.01**	**3.09**	**3.23**
3.00	**3.22**	**3.30**	**3.44**
3.20	**3.42**	**3.50**	**4.04**
3.40	**4.00**	**4.07**	**4.20**
4.02	**4.22**	**4.29**	**4.41**
4.17	**4.37**	**4.44**	**4.56**
4.33	**4.53**	**5.00**	**5.12**
4.45	**5.05**	**5.12**	**5.24**
5.00	**5.20**	**5.27**	**5.39**
5.15	**5.35**	**5.41**	**5.52**
5.30	**5.50**	**5.56**	**6.07**
5.45	**6.05**	**6.11**	**6.22**
6.07	**6.26**	**6.32**	**6.43**
6.28	**6.47**	**6.53**	**7.04**
6.53	**7.11**	**7.17**	**7.28**
7.10	**7.28**	**7.34**	**7.45**
7.40	**7.58**	**8.04**	**8.14**
8.10	**8.26**	**8.32**	**8.42**
8.40	**8.55**	**9.01**	**9.12**
9.10	**9.25**	**9.30**	**9.40**
9.40	**9.55**	**10.00**	**10.10**
10.10	**10.25**	**10.30**	**10.38**
10.40	**10.55**	**11.00**	**11.08**
11.10	**11.25**	**11.30**	**11.38**
11.40	**11.55**	12.00	12.08
12.10	12.25	12.30	12.38
12.40	12.55	1.00	1.08
1.10	1.25	1.30	1.38
1.40	1.55	2.00	2.08

Coquitlam Central Station Bay 5	Panorama at Lansdowne #58869	David at Heritage Woods Secondary (E) #58888	Moody Centre Station (E)
SATURDAY			
5.20	5.33	5.38	5.46
5.50	6.03	6.08	6.18
6.20	6.33	6.38	6.48
6.50	7.03	7.08	7.18
7.20	7.33	7.39	7.50
7.50	8.03	8.09	8.20
8.20	8.33	8.39	8.50
8.50	9.05	9.11	9.22
9.20	9.35	9.42	9.53
9.50	10.05	10.12	10.23
10.20	10.37	10.44	10.56
10.50	11.09	11.16	11.28
11.20	11.39	11.46	11.58
11.50	**12.09**	**12.16**	**12.28**
12.20	**12.39**	**12.46**	**12.58**
12.50	**1.09**	**1.16**	**1.28**
1.20	**1.39**	**1.46**	**1.58**
1.50	**2.09**	**2.16**	**2.28**
2.20	**2.39**	**2.46**	**2.58**
2.50	**3.09**	**3.16**	**3.28**
3.20	**3.39**	**3.46**	**3.58**
3.50	**4.09**	**4.16**	**4.28**
4.20	**4.39**	**4.46**	**4.57**
4.50	**5.09**	**5.16**	**5.27**
5.20	**5.39**	**5.46**	**5.57**
5.50	**6.09**	**6.16**	**6.27**
6.20	**6.37**	**6.44**	**6.55**
6.50	**7.06**	**7.12**	**7.22**
7.20	**7.36**	**7.42**	**7.52**
7.50	**8.06**	**8.12**	**8.22**
8.20	**8.36**	**8.41**	**8.51**
8.52	**9.08**	**9.13**	**9.23**
9.20	**9.36**	**9.41**	**9.51**
9.50	**10.06**	**10.11**	**10.21**
10.20	**10.34**	**10.39**	**10.47**
10.50	**11.04**	**11.09**	**11.17**
11.20	**11.34**	**11.39**	**11.47**
11.50	12.04	12.09	12.17
12.20	12.34	12.39	12.47
12.50	1.04	1.09	1.17
1.20	1.34	1.39	1.47

Coquitlam Central Station Bay 5	Panorama at Lansdowne #58869	David at Heritage Woods Secondary (E) #58888	Moody Centre Station (E)
SUNDAY & HOLIDAYS			
5.20	5.33	5.38	5.46
5.50	6.03	6.08	6.16
6.20	6.33	6.38	6.46
6.50	7.03	7.08	7.18
7.20	7.33	7.38	7.48
7.50	8.03	8.08	8.18
8.20	8.33	8.38	8.48
8.50	9.03	9.09	9.20
9.20	9.34	9.40	9.51
9.50	10.04	10.10	10.21
10.20	10.34	10.40	10.51
10.50	11.04	11.10	11.21
11.20	11.34	11.40	11.51
11.50	**12.05**	**12.11**	**12.22**
12.20	**12.37**	**12.43**	**12.54**
12.50	**1.07**	**1.13**	**1.24**
1.20	**1.37**	**1.43**	**1.54**
1.50	**2.07**	**2.13**	**2.24**
2.20	**2.37**	**2.43**	**2.54**
2.50	**3.07**	**3.13**	**3.24**
3.20	**3.37**	**3.44**	**3.55**
3.50	**4.07**	**4.14**	**4.25**
4.23	**4.40**	**4.47**	**4.58**
4.50	**5.07**	**5.14**	**5.25**
5.23	**5.40**	**5.47**	**5.58**
5.50	**6.07**	**6.14**	**6.25**
6.20	**6.37**	**6.43**	**6.53**
6.50	**7.07**	**7.13**	**7.23**
7.20	**7.36**	**7.41**	**7.51**
7.50	**8.06**	**8.11**	**8.21**
8.20	**8.35**	**8.40**	**8.50**
8.50	**9.05**	**9.10**	**9.20**
9.20	**9.35**	**9.40**	**9.50**
9.50	**10.05**	**10.10**	**10.20**
10.20	**10.33**	**10.38**	**10.47**
10.50	**11.03**	**11.08**	**11.17**
11.20	**11.33**	**11.38**	**11.47**
11.50	12.03	12.08	12.17
12.20	12.33	12.38	12.46
12.50	1.03	1.08	1.16

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183 Coquitlam Central Station

From Moody Centre Station via Hugh, St Johns, Ioco (Inlet Centre Station), Heritage Mountain Blvd, David, Forest Park Way, right on Panorama, Johnson, Robson, Pinetree (Lafarge Lake-Douglas Station, Lincoln Station), Lougheed Hwy to Coquitlam Central Station.

Moody Centre Station Bay 3	David at Heritage Woods Secondary (E) #58889	Panorama at Lansdowne #53923	Coquitlam Central Station (E)
MONDAY TO FRIDAY			
4.26	4.36	4.43	4.53
5.00	5.10	5.17	5.27
5.17	5.27	5.34	5.44
5.35	5.45	5.52	6.04
5.47	5.57	6.04	6.16
6.02	6.12	6.19	6.32
6.16	6.26	6.34	6.47
6.32	6.42	6.50	7.03
6.44	6.54	7.02	7.15
7.02	7.13	7.21	7.36
7.17	7.29	7.38	7.53
7.31	7.43	7.52	8.07
7.48	8.01	8.10	8.26
8.03	8.16	8.25	8.42
8.22	8.36	8.45	9.01
8.42	8.56	9.05	9.21
9.03	9.15	9.24	9.38
9.28	9.40	9.49	10.03
9.58	10.10	10.19	10.33
10.28	10.40	10.49	11.03
10.58	11.10	11.19	11.34
11.28	11.40	11.49	**12.04**
11.58	**12.11**	**12.20**	**12.35**
12.27	**12.40**	**12.49**	**1.04**
12.58	**1.11**	**1.20**	**1.36**
1.28	**1.41**	**1.50**	**2.06**
1.55	**2.09**	**2.19**	**2.36**
2.26	**2.41**	**2.51**	**3.11**
2.58	**3.13**	**3.24**	**3.40**
3.20	**3.35**	**3.46**	**4.02**
3.33	**3.49**	**4.00**	**4.16**
3.50	**4.05**	**4.15**	**4.31**
4.02	**4.17**	**4.27**	**4.43**
4.19	**4.34**	**4.44**	**5.00**
4.33	**4.48**	**4.58**	**5.14**
4.50	**5.06**	**5.17**	**5.32**
5.02	**5.18**	**5.29**	**5.44**
5.19	**5.35**	**5.46**	**6.01**
5.32	**5.48**	**5.59**	**6.14**
5.45	**6.01**	**6.12**	**6.27**
6.01	**6.16**	**6.27**	**6.40**
6.23	**6.37**	**6.47**	**7.00**
6.50	**7.03**	**7.12**	**7.25**
7.11	**7.23**	**7.32**	**7.45**
7.36	**7.48**	**7.57**	**8.10**
8.00	**8.12**	**8.20**	**8.33**
8.30	**8.40**	**8.47**	**8.58**
9.00	**9.10**	**9.17**	**9.28**
9.30	**9.40**	**9.47**	**9.58**
10.00	**10.10**	**10.17**	**10.28**
10.30	**10.40**	**10.47**	**10.58**
11.00	**11.10**	**11.17**	**11.28**
11.30	**11.40**	**11.47**	**11.58**
12.00	12.10	12.17	12.26
12.30	12.40	12.47	12.56
1.00	1.10	1.17	1.26
1.30	1.40	1.47	1.56
2.00	2.10	2.17	2.26

Moody Centre Station Bay 3	David at Heritage Woods Secondary (E) #58889	Panorama at Lansdowne #53923	Coquitlam Central Station (E)
SATURDAY			
5.35	5.45	5.52	6.02
6.05	6.15	6.22	6.33
6.35	6.45	6.52	7.03
7.05	7.15	7.22	7.34
7.35	7.45	7.52	8.04
8.05	8.15	8.22	8.35
8.35	8.47	8.55	9.08
9.05	9.17	9.25	9.38
9.35	9.47	9.55	10.08
10.05	10.17	10.25	10.40
10.35	10.47	10.55	11.10
11.05	11.18	11.27	11.42
11.35	11.48	11.57	**12.13**
12.05	**12.18**	**12.27**	**12.43**
12.35	**12.48**	**12.57**	**1.14**
1.05	**1.18**	**1.27**	**1.44**
1.35	**1.48**	**1.57**	**2.14**
2.05	**2.18**	**2.27**	**2.44**
2.35	**2.48**	**2.57**	**3.14**
3.05	**3.18**	**3.27**	**3.44**
3.35	**3.48**	**3.57**	**4.13**
4.05	**4.18**	**4.27**	**4.43**
4.35	**4.48**	**4.57**	**5.13**
5.05	**5.18**	**5.27**	**5.41**
5.35	**5.48**	**5.57**	**6.11**
6.05	**6.18**	**6.27**	**6.41**
6.35	**6.47**	**6.56**	**7.10**
7.05	**7.16**	**7.24**	**7.37**
7.35	**7.46**	**7.54**	**8.07**
8.05	**8.16**	**8.24**	**8.36**
8.35	**8.46**	**8.54**	**9.06**
9.05	**9.16**	**9.24**	**9.35**
9.35	**9.46**	**9.54**	**10.05**
10.05	**10.16**	**10.24**	**10.35**
10.35	**10.46**	**10.54**	**11.05**
11.05	**11.15**	**11.22**	**11.31**
11.35	**11.45**	**11.52**	12.01
12.05	12.15	12.22	12.31
12.35	12.45	12.52	1.01
1.05	1.15	1.22	1.31
1.35	1.45	1.52	2.01
2.05	2.15	2.22	2.31

Moody Centre Station Bay 3	David at Heritage Woods Secondary (E) #58889	Panorama at Lansdowne #53923	Coquitlam Central Station (E)
SUNDAY & HOLIDAYS			
5.35	5.45	5.52	6.02
6.05	6.15	6.22	6.32
6.35	6.45	6.52	7.02
7.05	7.16	7.24	7.35
7.35	7.46	7.54	8.05
8.05	8.17	8.25	8.38
8.35	8.47	8.55	9.08
9.05	9.17	9.25	9.38
9.35	9.47	9.55	10.08
10.05	10.17	10.25	10.38
10.35	10.47	10.55	11.08
11.05	11.17	11.25	11.38
11.35	11.47	11.55	**12.09**
12.05	**12.17**	**12.25**	**12.39**
12.35	**12.47**	**12.55**	**1.09**
1.05	**1.18**	**1.27**	**1.41**
1.35	**1.48**	**1.57**	**2.11**
2.05	**2.18**	**2.27**	**2.41**
2.35	**2.48**	**2.57**	**3.11**
3.05	**3.18**	**3.27**	**3.41**
3.35	**3.48**	**3.57**	**4.11**
4.05	**4.18**	**4.27**	**4.41**
4.35	**4.48**	**4.57**	**5.11**
5.05	**5.18**	**5.27**	**5.41**
5.35	**5.48**	**5.57**	**6.11**
6.05	**6.18**	**6.27**	**6.40**
6.35	**6.46**	**6.54**	**7.07**
7.05	**7.15**	**7.23**	**7.36**
7.35	**7.45**	**7.53**	**8.06**
8.05	**8.15**	**8.22**	**8.35**
8.35	**8.45**	**8.52**	**9.05**
9.05	**9.15**	**9.22**	**9.33**
9.35	**9.45**	**9.52**	**10.03**
10.05	**10.15**	**10.22**	**10.33**
10.35	**10.45**	**10.52**	**11.03**
11.05	**11.15**	**11.22**	**11.31**
11.35	**11.45**	**11.52**	12.01
12.05	12.15	12.22	12.31
12.35	12.45	12.52	1.01
1.05	1.15	1.22	1.31