

160 Kootenay Loop

From Port Coquitlam Station via Wilson, Shaughnessy, Lougheed, Coquitlam Station, access road, Barnet, Pinetree (Lincoln Station), Guildford (Lafarge Lake-Douglas Station), Ungless, Ioco (Inlet Centre Station) St. Johns, Williams (Moody Centre Station), Hugh, St. Johns, Barnet, Inlet, Hastings, to Kootenay Loop.

Port Coquitlam Station Bay 4	Coquitlam Central Station Bay 2	Moody Centre Station Bay 5	Hastings at Kensington (E) #51872	Kootenay Loop (E)	Port Coquitlam Station Bay 4	Coquitlam Central Station Bay 2	Moody Centre Station Bay 5	Hastings at Kensington (E) #51872	Kootenay Loop (E)
MONDAY TO FRIDAY					MONDAY TO FRIDAY				
4.35	4.45	5.00	5.14	5.23	CONTINUED				
4.53	5.03	5.18	5.32	5.41	7.22	7.37	7.56	8.12	8.23
5.15	5.25	5.40	5.54	6.05	7.37	7.52	8.11	8.27	8.38
5.33	5.45	6.02	6.17	6.28	7.53	8.07	8.26	8.42	8.53
5.53	6.05	6.22	6.37	6.48	8.08	8.22	8.41	8.57	9.08
6.08	6.22	6.40	6.56	7.07	8.27	8.41	9.00	9.14	9.24
6.18	6.32	6.50	7.07	7.18	8.47	9.00	9.18	9.32	9.42
6.26	6.40	6.58	7.15	7.26	9.06	9.19	9.37	9.51	10.01
6.37	6.51	7.10	7.27	7.39	9.33	9.46	10.04	10.18	10.28
6.51	7.05	7.24	7.41	7.53	10.06	10.18	10.34	10.48	10.57
7.05	7.19	7.40	7.58	8.10	10.38	10.50	11.06	11.20	11.29
7.21	7.35	7.56	8.14	8.29	11.12	11.22	11.38	11.52	12.00
7.32	7.46	8.10	8.28	8.43	11.42	11.52	12.08	12.22	12.30
7.50	8.04	8.29	8.48	9.04	12.10	12.20	12.34	12.48	12.56
8.07	8.21	8.46	9.04	9.19	12.40	12.50	1.04	1.18	1.26
8.23	8.37	9.01	9.18	9.33	1.10	1.20	1.34	1.48	1.56
8.38	8.52	9.16	9.33	9.47	SATURDAY				
8.54	9.08	9.28	9.45	9.59	5.43	5.55	6.10	6.24	6.33
9.08	9.22	9.42	9.59	10.13	6.13	6.25	6.40	6.54	7.03
9.23	9.37	9.57	10.14	10.28	6.33	6.45	7.00	7.14	7.23
9.38	9.52	10.12	10.29	10.43	6.53	7.05	7.22	7.36	7.45
9.52	10.07	10.27	10.44	10.59	7.12	7.24	7.42	7.56	8.07
10.07	10.22	10.42	10.59	11.14	7.27	7.39	7.57	8.11	8.22
10.22	10.37	10.58	11.15	11.30	7.43	7.55	8.13	8.27	8.38
10.37	10.52	11.13	11.30	11.45	7.57	8.09	8.27	8.41	8.52
10.52	11.07	11.29	11.46	12.01	8.11	8.24	8.43	8.58	9.10
11.06	11.21	11.43	12.00	12.15	8.22	8.35	8.54	9.09	9.21
11.21	11.37	12.00	12.17	12.32	8.32	8.45	9.05	9.20	9.32
11.36	11.52	12.15	12.32	12.47	8.42	8.55	9.15	9.30	9.42
11.53	12.09	12.32	12.49	1.03	8.58	9.11	9.31	9.46	9.58
12.08	12.24	12.47	1.04	1.18	9.12	9.25	9.45	10.00	10.12
12.23	12.39	1.02	1.19	1.33	9.24	9.38	9.58	10.13	10.25
12.38	12.54	1.17	1.34	1.48	9.40	9.54	10.14	10.29	10.41
12.53	1.09	1.30	1.47	2.01	9.55	10.11	10.33	10.48	11.03
1.08	1.24	1.45	2.02	2.16	10.10	10.26	10.48	11.03	11.18
1.22	1.38	2.00	2.17	2.31	10.24	10.41	11.04	11.19	11.34
1.37	1.53	2.15	2.32	2.46	10.40	10.57	11.20	11.35	11.50
1.53	2.09	2.33	2.50	3.05	10.57	11.13	11.36	11.51	12.06
2.09	2.25	2.49	3.06	3.21	11.12	11.28	11.51	12.06	12.21
2.23	2.39	3.05	3.22	3.37	11.24	11.42	12.05	12.20	12.35
2.38	2.54	3.20	3.37	3.52	11.41	11.59	12.22	12.37	12.52
2.52	3.10	3.35	3.52	4.07	11.54	12.12	12.37	12.53	1.06
3.05	3.23	3.48	4.05	4.19	12.08	12.26	12.51	1.07	1.20
3.20	3.38	4.03	4.20	4.34	12.21	12.39	1.04	1.20	1.35
3.35	3.53	4.18	4.35	4.49	12.37	12.55	1.20	1.36	1.51
3.50	4.08	4.33	4.50	5.04	12.50	1.09	1.34	1.50	2.05
4.05	4.23	4.48	5.05	5.19	1.05	1.24	1.49	2.05	2.20
4.20	4.38	5.03	5.20	5.34	1.20	1.39	2.04	2.20	2.35
4.33	4.52	5.17	5.34	5.48	1.35	1.54	2.19	2.35	2.50
4.47	5.07	5.31	5.48	6.02	1.52	2.11	2.36	2.52	3.07
4.58	5.18	5.42	5.59	6.13	2.07	2.26	2.51	3.07	3.22
5.18	5.37	6.00	6.17	6.31	2.24	2.43	3.06	3.22	3.37
5.33	5.52	6.15	6.32	6.46	2.39	2.58	3.21	3.37	3.52
5.50	6.07	6.30	6.47	6.59	2.55	3.14	3.37	3.53	4.08
6.05	6.22	6.45	7.02	7.14	3.09	3.26	3.49	4.05	4.20
6.22	6.37	6.58	7.15	7.26	3.24	3.41	4.04	4.20	4.35
6.37	6.52	7.13	7.30	7.41	3.36	3.53	4.16	4.32	4.47
6.52	7.07	7.27	7.43	7.54	3.55	4.12	4.35	4.51	5.05
7.07	7.22	7.42	7.58	8.09	CONTINUED . . .				

160 Kootenay Loop

From Port Coquitlam Station to Kootenay Loop
(Refer to Monday to Friday for routing)

Port Coquitlam Station Bay 4	Coquitlam Central Station Bay 2	Moody Centre Station Bay 5	Hastings at Kensington (E) #51872	Kootenay Loop (E)	Port Coquitlam Station Bay 4	Coquitlam Central Station Bay 2	Moody Centre Station Bay 5	Hastings at Kensington (E) #51872	Kootenay Loop (E)
SATURDAY					SUNDAY & HOLIDAYS				
.... CONTINUED				 CONTINUED				
4.10	4.27	4.50	5.06	5.20	10.55	11.11	11.31	11.46	11.58
4.25	4.41	5.04	5.20	5.34	11.10	11.26	11.46	12.01	12.13
4.40	4.56	5.19	5.35	5.49	11.25	11.41	12.01	12.16	12.28
4.55	5.11	5.34	5.50	6.02	11.40	11.56	12.16	12.31	12.43
5.10	5.26	5.49	6.05	6.17	11.57	12.14	12.34	12.49	1.01
5.25	5.41	6.04	6.19	6.31	12.13	12.30	12.52	1.07	1.19
5.48	6.04	6.25	6.40	6.51	12.25	12.42	1.04	1.19	1.31
6.03	6.19	6.40	6.55	7.06	12.40	12.57	1.19	1.34	1.46
6.11	6.27	6.48	7.03	7.14	12.55	1.12	1.34	1.50	2.04
6.30	6.44	7.04	7.19	7.30	1.10	1.27	1.49	2.05	2.19
6.45	6.59	7.19	7.34	7.45	1.24	1.41	2.04	2.21	2.35
7.00	7.14	7.34	7.49	8.00	1.39	1.56	2.19	2.36	2.50
7.14	7.28	7.48	8.03	8.14	1.55	2.12	2.32	2.49	3.01
7.31	7.45	8.05	8.19	8.30	2.11	2.28	2.48	3.05	3.17
7.52	8.05	8.24	8.38	8.49	2.28	2.43	3.05	3.20	3.34
8.09	8.22	8.41	8.55	9.06	2.43	2.59	3.19	3.35	3.49
8.28	8.41	9.00	9.14	9.25	2.57	3.13	3.34	3.49	4.03
9.02	9.15	9.33	9.46	9.57	3.11	3.27	3.48	4.03	4.17
9.35	9.48	10.06	10.19	10.29	3.27	3.43	4.04	4.19	4.33
10.10	10.22	10.37	10.50	10.59	3.42	3.58	4.19	4.36	4.50
10.45	10.57	11.12	11.25	11.34	3.56	4.12	4.34	4.51	5.04
11.13	11.25	11.40	11.53	12.02	4.09	4.25	4.47	5.04	5.17
11.42	11.54	12.09	12.22	12.31	4.27	4.43	5.05	5.22	5.35
12.15	12.27	12.41	12.54	1.03	4.40	4.55	5.15	5.32	5.45
12.45	12.57	1.11	1.24	1.33	4.56	5.11	5.31	5.48	5.59
1.12	1.22	1.36	1.49	1.58	5.11	5.26	5.46	6.03	6.14
SUNDAY & HOLIDAYS					5.26	5.41	6.01	6.18	6.29
6.53	7.05	7.20	7.33	7.42	5.42	5.57	6.16	6.32	6.43
7.13	7.25	7.40	7.53	8.02	5.57	6.12	6.31	6.47	6.58
7.30	7.42	7.57	8.10	8.19	6.12	6.27	6.46	7.02	7.13
7.46	7.58	8.13	8.26	8.37	6.29	6.44	7.02	7.18	7.29
8.01	8.13	8.28	8.41	8.52	6.40	6.55	7.13	7.29	7.40
8.15	8.27	8.44	8.57	9.08	6.58	7.11	7.29	7.45	7.56
8.27	8.39	8.56	9.10	9.22	7.13	7.26	7.44	8.00	8.11
8.40	8.52	9.09	9.23	9.35	7.28	7.41	7.58	8.14	8.25
8.52	9.04	9.21	9.36	9.48	7.48	8.01	8.18	8.33	8.44
9.04	9.16	9.33	9.48	10.00	8.09	8.22	8.39	8.54	9.05
9.16	9.28	9.45	10.00	10.12	8.36	8.49	9.06	9.21	9.32
9.22	9.36	9.55	10.10	10.23	9.08	9.21	9.36	9.50	9.59
9.41	9.55	10.14	10.29	10.42	9.38	9.50	10.05	10.19	10.28
9.56	10.10	10.30	10.45	10.58	10.13	10.25	10.40	10.54	11.02
10.11	10.25	10.45	11.00	11.13	10.40	10.52	11.07	11.21	11.29
10.23	10.39	10.59	11.14	11.27	11.10	11.22	11.37	11.51	11.59
10.40	10.56	11.16	11.31	11.43	11.40	11.52	12.07	12.21	12.29
CONTINUED					12.14	12.26	12.40	12.52	1.00

160 Port Coquitlam Station

From Kootenay Loop via Hastings, Inlet, Barnet, St. Johns, William, Moody Centre Station, Hugh, St. Johns, loco (Inlet Centre Station), Ungless, Guildford, Pinetree (Lafarge Lake-Douglas Station, Lincoln Station), Lougheed, Coquitlam Central Station, access road, Barnet, Lougheed, Shaughnessy, Wilson to Port Coquitlam Station.

Kootenay Loop Bay 2	Hastings at Kensington (E) #51851	Moody Centre Station Bay 4	Coquitlam Central Station Bay 1	Port Coquitlam Station (E)	Kootenay Loop Bay 2	Hastings at Kensington (E) #51851	Moody Centre Station Bay 4	Coquitlam Central Station Bay 1	Port Coquitlam Station (E)
MONDAY TO FRIDAY					MONDAY TO FRIDAY				
5.40	5.49	6.04	6.22	6.32 CONTINUED				
6.00	6.09	6.24	6.42	6.54	8.10	8.20	8.35	8.55	9.07
6.20	6.29	6.45	7.04	7.16	8.25	8.35	8.50	9.10	9.22
6.40	6.49	7.05	7.24	7.36	8.40	8.50	9.04	9.23	9.35
7.00	7.09	7.26	7.48	8.01	8.55	9.05	9.19	9.38	9.50
7.15	7.25	7.43	8.07	8.20	9.10	9.19	9.33	9.51	10.02
7.28	7.38	7.56	8.20	8.33	9.25	9.34	9.48	10.06	10.17
7.39	7.50	8.09	8.35	8.48	9.40	9.49	10.03	10.21	10.32
7.54	8.05	8.24	8.50	9.04	10.08	10.17	10.31	10.48	10.59
8.07	8.18	8.37	9.03	9.17	10.38	10.47	11.01	11.18	11.29
8.21	8.32	8.51	9.15	9.29	11.10	11.17	11.31	11.47	11.56
8.38	8.49	9.07	9.31	9.45	11.40	11.47	12.01	12.17	12.26
8.54	9.06	9.23	9.45	9.59	12.10	12.17	12.31	12.45	12.54
9.10	9.22	9.39	10.01	10.16	12.40	12.47	1.01	1.15	1.24
9.25	9.37	9.54	10.16	10.31	1.10	1.17	1.31	1.45	1.54
9.40	9.52	10.09	10.31	10.46	1.41	1.48	2.02	2.16	2.25
9.55	10.07	10.24	10.46	11.01	SATURDAY				
10.09	10.21	10.38	11.00	11.15	6.42	6.50	7.05	7.24	7.34
10.24	10.36	10.53	11.15	11.30	7.10	7.18	7.33	7.49	8.01
10.40	10.52	11.09	11.31	11.47	7.30	7.38	7.53	8.13	8.25
10.55	11.07	11.24	11.46	12.02	7.51	8.01	8.16	8.37	8.49
11.10	11.22	11.39	12.03	12.19	8.15	8.25	8.40	9.00	9.13
11.25	11.37	11.54	12.18	12.34	8.30	8.40	8.55	9.17	9.30
11.39	11.52	12.11	12.36	12.52	8.45	8.55	9.10	9.33	9.46
11.53	12.06	12.25	12.50	1.06	9.00	9.10	9.26	9.50	10.03
12.10	12.23	12.41	1.06	1.22	9.15	9.25	9.41	10.05	10.18
12.25	12.38	12.56	1.21	1.37	9.30	9.40	9.56	10.21	10.34
12.39	12.52	1.10	1.36	1.52	9.44	9.54	10.10	10.35	10.48
12.54	1.07	1.25	1.51	2.07	10.00	10.10	10.28	10.54	11.07
1.09	1.22	1.40	2.06	2.21	10.14	10.24	10.42	11.08	11.21
1.24	1.37	1.55	2.21	2.36	10.28	10.38	10.56	11.22	11.35
1.39	1.52	2.11	2.38	2.53	10.41	10.53	11.11	11.37	11.52
1.55	2.08	2.27	2.54	3.09	11.00	11.13	11.31	11.57	12.12
2.10	2.23	2.43	3.11	3.28	11.15	11.28	11.46	12.12	12.27
2.25	2.39	2.59	3.29	3.44	11.30	11.43	12.01	12.28	12.42
2.41	2.55	3.15	3.45	4.00	11.45	11.58	12.16	12.43	12.58
2.56	3.10	3.28	3.56	4.13	11.59	12.12	12.30	12.57	1.12
3.11	3.25	3.47	4.16	4.33	12.14	12.27	12.46	1.13	1.30
3.27	3.41	4.03	4.32	4.47	12.29	12.42	1.01	1.28	1.45
3.45	3.59	4.21	4.50	5.07	12.44	12.57	1.16	1.43	2.00
3.59	4.13	4.35	5.04	5.21	12.59	1.12	1.31	1.58	2.15
4.15	4.29	4.51	5.20	5.36	1.16	1.29	1.48	2.14	2.30
4.28	4.42	5.04	5.33	5.49	1.31	1.44	2.02	2.29	2.45
4.46	4.59	5.21	5.51	6.09	1.45	1.58	2.16	2.43	2.59
5.00	5.13	5.34	6.04	6.20	2.00	2.12	2.30	2.57	3.14
5.12	5.25	5.46	6.16	6.32	2.15	2.27	2.45	3.12	3.29
5.30	5.43	6.01	6.29	6.43	2.30	2.43	3.00	3.27	3.43
5.45	5.58	6.15	6.39	6.52	2.45	2.58	3.15	3.42	3.58
6.02	6.15	6.32	6.55	7.10	3.00	3.13	3.32	3.59	4.14
6.19	6.32	6.49	7.12	7.27	3.15	3.28	3.47	4.14	4.28
6.25	6.38	6.55	7.18	7.33	3.30	3.43	4.02	4.29	4.43
6.40	6.52	7.09	7.30	7.43	3.45	3.58	4.17	4.44	4.58
6.55	7.07	7.24	7.45	7.58	4.00	4.13	4.32	4.59	5.13
7.10	7.21	7.38	7.58	8.11	4.15	4.28	4.47	5.14	5.28
7.25	7.36	7.53	8.13	8.26	4.29	4.42	5.01	5.28	5.42
7.40	7.51	8.08	8.27	8.40	4.44	4.57	5.16	5.43	5.57
7.53	8.04	8.21	8.40	8.53	CONTINUED				
CONTINUED					CONTINUED				

160 Port Coquitlam Station

From Kootenay Loop to Port Coquitlam Station
(Refer to Monday to Friday for routing)

Kootenay Loop Bay 2 Hastings at Kensington (E) #51851 Moody Centre Station Bay 4 Coquitlam Central Station Bay 1 Port Coquitlam Station (E)						Kootenay Loop Bay 2 Hastings at Kensington (E) #51851 Moody Centre Station Bay 4 Coquitlam Central Station Bay 1 Port Coquitlam Station (E)					
SATURDAY						SUNDAY & HOLIDAYS					
..... CONTINUED					 CONTINUED					
4.53	5.06	5.25	5.52	6.06		12.25	12.35	12.52	1.18	1.30	
5.13	5.26	5.45	6.09	6.23		12.39	12.51	1.08	1.34	1.49	
5.30	5.43	6.01	6.25	6.38		12.55	1.07	1.24	1.50	2.05	
5.45	5.58	6.16	6.40	6.53		1.10	1.23	1.42	2.07	2.22	
6.00	6.13	6.31	6.55	7.07		1.25	1.38	1.57	2.22	2.37	
6.15	6.28	6.46	7.10	7.22		1.40	1.53	2.10	2.35	2.50	
6.30	6.42	6.59	7.21	7.33		1.55	2.08	2.25	2.50	3.05	
6.44	6.56	7.13	7.35	7.47		2.10	2.23	2.40	3.06	3.21	
7.00	7.12	7.29	7.49	8.01		2.25	2.38	2.55	3.21	3.36	
7.15	7.27	7.44	8.04	8.16		2.41	2.52	3.09	3.34	3.49	
7.21	7.33	7.50	8.10	8.22		2.55	3.06	3.23	3.48	4.03	
7.45	7.55	8.12	8.33	8.44		3.10	3.23	3.41	4.06	4.21	
7.56	8.06	8.23	8.44	8.55		3.27	3.38	3.56	4.19	4.34	
8.15	8.25	8.41	9.04	9.15		3.42	3.54	4.12	4.37	4.50	
8.28	8.38	8.54	9.17	9.28		3.57	4.09	4.27	4.52	5.05	
8.45	8.55	9.11	9.33	9.44		4.12	4.24	4.42	5.07	5.20	
8.59	9.09	9.25	9.47	9.58		4.30	4.40	4.58	5.23	5.36	
9.20	9.30	9.46	10.07	10.18		4.45	4.55	5.13	5.36	5.49	
9.36	9.46	10.02	10.23	10.34		5.00	5.10	5.28	5.51	6.04	
10.08	10.18	10.33	10.52	11.03		5.15	5.25	5.43	6.06	6.19	
10.38	10.48	11.03	11.22	11.33		5.30	5.40	5.58	6.21	6.34	
11.10	11.18	11.32	11.50	12.01		5.45	5.55	6.13	6.36	6.49	
11.45	11.53	12.07	12.25	12.36		6.00	6.10	6.28	6.50	7.02	
12.15	12.22	12.36	12.54	1.03		6.15	6.25	6.43	7.05	7.17	
12.45	12.52	1.06	1.24	1.33		6.30	6.40	6.56	7.16	7.28	
1.10	1.17	1.31	1.49	1.58		6.45	6.55	7.11	7.31	7.43	
1.40	1.47	2.01	2.19	2.28		7.00	7.10	7.26	7.46	7.58	
SUNDAY & HOLIDAYS						7.15	7.25	7.41	8.01	8.13	
8.00	8.09	8.23	8.42	8.55		7.30	7.40	7.56	8.16	8.27	
8.16	8.25	8.39	8.58	9.11		7.45	7.55	8.11	8.31	8.42	
8.30	8.39	8.53	9.14	9.27		8.00	8.10	8.26	8.46	8.57	
8.45	8.54	9.08	9.30	9.43		8.15	8.25	8.41	9.01	9.12	
9.00	9.10	9.26	9.48	10.01		8.30	8.40	8.55	9.14	9.25	
9.16	9.26	9.42	10.04	10.17		8.45	8.55	9.10	9.29	9.40	
9.30	9.40	9.56	10.19	10.32		9.00	9.09	9.24	9.43	9.54	
9.44	9.54	10.10	10.33	10.46		9.15	9.24	9.39	9.58	10.09	
9.59	10.09	10.25	10.48	11.01		9.39	9.48	10.04	10.23	10.34	
10.10	10.20	10.37	11.00	11.14		10.10	10.18	10.33	10.50	10.59	
10.25	10.35	10.52	11.15	11.29		10.40	10.48	11.03	11.20	11.29	
10.40	10.50	11.07	11.32	11.47		11.10	11.19	11.34	11.51	11.59	
10.55	11.05	11.22	11.47	12.02		11.40	11.48	12.01	12.18	12.26	
11.10	11.20	11.37	12.02	12.16		12.10	12.18	12.33	12.49	12.57	
11.25	11.35	11.52	12.17	12.31		12.40	12.48	1.03	1.19	1.27	
11.40	11.50	12.07	12.32	12.46							
11.55	12.05	12.22	12.47	1.01							
12.10	12.20	12.37	1.03	1.15							
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