Effective - January 5, 2026

109 New Westminster Station / 109 Lougheed Station

From Lougheed Station via Gatineau, North Rd, Columbia St, Cumberland, Richmond, Jamieson Court, turn-around, Jamieson Court, Richmond, Columbia to New Westminster Station.

From New Westminster Station via McNeely, Carnarvon, 8 St, Columbia St, Richmond, Jamieson Court, turn-around, Jamieson Court, Richmond, Cumberland, Columbia, North Rd, Gatineau to Lougheed Station.

MONDAY TO FRIDAY

Lougheed Station Bay 10	New Westminster Station (E)	New Westminster Station Bay 5	Lougheed Station (E)
5.35	5.52	5.05	5.22
6.30	6.49	6.00	6.18
7.00	7.22	7.00	7.21
7.30	7.52	7.30	7.53
8.00	8.23	8.00	8.24
8.30	8.53	8.30	8.54
9.00	9.23	9.00	9.24
9.31	9.53	9.30	9.54
10.00	10.22	10.00	10.24
10.30	10.52	10.30	10.56
11.00	11.22	11.00	11.26
11.30	11.52	11.30	11.56
12.00	**12.22**	**12.00**	**12.26**
12.30	**12.52**	**12.30**	**12.59**
1.00	**1.22**	**1.00**	**1.29**
1.30	**1.53**	**1.28**	**1.57**
2.02	**2.25**	**2.00**	**2.28**
2.30	**2.54**	**2.30**	**2.58**
3.00	**3.25**	**3.00**	**3.32**
3.45	**4.10**	**3.30**	**4.02**
4.15	**4.40**	**4.00**	**4.33**
4.50	**5.14**	**4.30**	**5.03**
5.15	**5.39**	**5.00**	**5.33**
5.45	**6.07**	**5.30**	**5.59**
6.15	**6.37**	**6.00**	**6.27**
6.45	**7.07**	**6.30**	**6.56**
7.30	**7.49**	**7.00**	**7.23**
8.30	**8.48**	**8.00**	**8.20**
9.30	**9.48**	**9.00**	**9.20**
10.30	**10.48**	**10.00**	**10.20**
11.30	**11.47**	**11.00**	**11.20**
12.30	12.45	12.00	12.16
1.30	1.45	1.00	1.16
		2.00	2.16

SATURDAY

Lougheed Station Bay 10	New Westminster Station (E)	New Westminster Station Bay 5	Lougheed Station (E)
5.35	5.50	5.00	5.16
6.30	6.45	6.00	6.16
7.30	7.45	7.00	7.16
8.30	8.47	8.00	8.17
9.30	9.51	9.00	9.17
10.30	10.51	10.00	10.23
11.00	11.21	11.00	11.25
11.30	11.53	11.30	11.55
12.02	**12.25**	**12.00**	**12.27**
12.32	**12.57**	**12.30**	**12.57**
1.02	**1.27**	**1.02**	**1.29**
1.30	**1.55**	**1.32**	**1.59**
CONTINUED . . .		**CONTINUED . . .**	

SATURDAY

Lougheed Station Bay 10	New Westminster Station (E)	New Westminster Station Bay 5	Lougheed Station (E)
. . . CONTINUED		**. . . CONTINUED**	
2.00	**2.25**	**2.00**	**2.27**
2.32	**2.55**	**2.30**	**2.57**
3.00	**3.23**	**3.00**	**3.26**
3.30	**3.53**	**3.30**	**3.56**
4.00	**4.23**	**4.00**	**4.26**
4.31	**4.53**	**4.30**	**4.56**
5.00	**5.22**	**5.00**	**5.25**
5.31	**5.53**	**5.30**	**5.55**
6.30	**6.51**	**6.00**	**6.25**
7.30	**7.49**	**7.00**	**7.22**
8.30	**8.48**	**8.00**	**8.22**
9.30	**9.48**	**9.00**	**9.21**
10.30	**10.46**	**10.00**	**10.21**
11.30	**11.46**	**11.00**	**11.18**
12.30	12.46	12.00	12.17
1.30	1.44	1.00	1.17

SUNDAY & HOLIDAYS

Lougheed Station Bay 10	New Westminster Station (E)	New Westminster Station Bay 5	Lougheed Station (E)
6.35	6.52	7.00	7.19
7.35	7.53	8.00	8.19
8.35	8.54	9.00	9.21
9.35	9.54	10.00	10.21
10.35	10.55	11.00	11.21
11.05	11.25	11.30	11.51
11.35	11.55	**12.00**	**12.21**
12.05	**12.25**	**12.30**	**12.51**
12.30	**12.50**	**1.00**	**1.22**
1.05	**1.25**	**1.30**	**1.52**
1.30	**1.50**	**2.00**	**2.22**
2.05	**2.25**	**2.30**	**2.52**
2.30	**2.51**	**3.01**	**3.23**
3.05	**3.26**	**3.32**	**3.54**
3.30	**3.51**	**4.01**	**4.23**
4.05	**4.26**	**4.31**	**4.53**
4.30	**4.49**	**5.00**	**5.23**
5.05	**5.24**	**5.30**	**5.53**
5.30	**5.49**	**6.00**	**6.23**
6.35	**6.54**	**7.00**	**7.23**
7.35	**7.53**	**8.00**	**8.20**
8.35	**8.53**	**9.00**	**9.20**
9.35	**9.51**	**10.00**	**10.18**
10.35	**10.51**	**11.00**	**11.17**
11.30	**11.46**	12.00	12.16
12.30	12.46		