

# 555 Lougheed Station

From Carvolth Exchange via 202 St, Hwy 1, 156 St offramp, Hwy 1, Government, Austin, Gatineau to Lougheed Station.

Carvolth Exchange Bay 9	Hwy 1 offramp at 156 St (E) #61959	Lougheed Station (E)	Carvolth Exchange Bay 9	Hwy 1 offramp at 156 St (E) #61959	Lougheed Station (E)	Carvolth Exchange Bay 9	Hwy 1 offramp at 156 St (E) #61959	Lougheed Station (E)
<b>MONDAY TO FRIDAY</b>			<b>MONDAY TO FRIDAY</b>			<b>SUNDAY &amp; HOLIDAYS</b>		
4.50	4.59	5.10	.... CONTINUED			7.40	7.48	7.58
5.13	5.22	5.33	<b>7.37</b>	<b>7.46</b>	<b>7.56</b>	8.10	8.18	8.28
5.28	5.37	5.48	<b>7.52</b>	<b>8.01</b>	<b>8.11</b>	8.40	8.48	8.58
5.43	5.52	6.03	<b>8.16</b>	<b>8.25</b>	<b>8.35</b>	9.10	9.18	9.28
5.58	6.07	6.18	<b>8.40</b>	<b>8.49</b>	<b>8.59</b>	9.40	9.48	9.58
6.13	6.23	6.35	<b>9.10</b>	<b>9.19</b>	<b>9.29</b>	10.10	10.19	10.29
6.30	6.40	6.52	<b>9.40</b>	<b>9.49</b>	<b>9.59</b>	10.40	10.49	10.59
6.43	6.53	7.05	<b>10.10</b>	<b>10.18</b>	<b>10.28</b>	11.10	11.19	11.29
6.58	7.10	7.24	<b>10.40</b>	<b>10.48</b>	<b>10.58</b>	11.40	11.49	11.59
7.13	7.25	7.39				<b>12.10</b>	<b>12.19</b>	<b>12.29</b>
7.28	7.40	7.54				<b>12.40</b>	<b>12.49</b>	<b>12.59</b>
7.42	7.54	8.08				<b>1.10</b>	<b>1.19</b>	<b>1.29</b>
7.57	8.09	8.23				<b>1.40</b>	<b>1.49</b>	<b>1.59</b>
8.12	8.24	8.38				<b>2.10</b>	<b>2.19</b>	<b>2.29</b>
8.27	8.39	8.53				<b>2.40</b>	<b>2.49</b>	<b>2.59</b>
8.42	8.53	9.06	6.40	6.48	6.58	<b>3.10</b>	<b>3.19</b>	<b>3.29</b>
8.57	9.08	9.21	7.10	7.18	7.28	<b>3.40</b>	<b>3.49</b>	<b>3.59</b>
9.12	9.22	9.34	7.40	7.48	7.58	<b>4.10</b>	<b>4.19</b>	<b>4.29</b>
9.40	9.50	10.02	8.10	8.18	8.28	<b>4.40</b>	<b>4.49</b>	<b>4.59</b>
10.10	10.19	10.30	8.40	8.48	8.58	<b>5.10</b>	<b>5.19</b>	<b>5.29</b>
10.40	10.49	11.00	9.10	9.18	9.28	<b>5.40</b>	<b>5.49</b>	<b>5.59</b>
11.10	11.19	11.30	9.40	9.48	9.58	<b>6.10</b>	<b>6.19</b>	<b>6.29</b>
11.40	11.49	<b>12.00</b>	10.10	10.18	10.28	<b>6.40</b>	<b>6.49</b>	<b>6.59</b>
<b>12.10</b>	<b>12.19</b>	<b>12.29</b>	10.40	10.48	10.58	<b>7.10</b>	<b>7.18</b>	<b>7.28</b>
<b>12.40</b>	<b>12.49</b>	<b>12.59</b>	11.10	11.18	11.28	<b>7.40</b>	<b>7.48</b>	<b>7.58</b>
<b>1.10</b>	<b>1.19</b>	<b>1.29</b>	11.40	11.48	11.58	<b>8.10</b>	<b>8.18</b>	<b>8.28</b>
<b>1.40</b>	<b>1.49</b>	<b>1.59</b>	<b>12.10</b>	<b>12.18</b>	<b>12.28</b>	<b>8.40</b>	<b>8.49</b>	<b>9.00</b>
<b>2.10</b>	<b>2.19</b>	<b>2.29</b>	<b>12.40</b>	<b>12.48</b>	<b>12.58</b>	<b>9.10</b>	<b>9.19</b>	<b>9.30</b>
<b>2.40</b>	<b>2.49</b>	<b>2.59</b>	<b>1.10</b>	<b>1.18</b>	<b>1.28</b>	<b>9.40</b>	<b>9.49</b>	<b>10.00</b>
<b>3.07</b>	<b>3.16</b>	<b>3.26</b>	<b>1.40</b>	<b>1.49</b>	<b>2.00</b>	<b>10.10</b>	<b>10.19</b>	<b>10.30</b>
<b>3.22</b>	<b>3.31</b>	<b>3.43</b>	<b>2.10</b>	<b>2.19</b>	<b>2.30</b>	<b>10.40</b>	<b>10.49</b>	<b>11.00</b>
<b>3.37</b>	<b>3.46</b>	<b>3.58</b>	<b>2.40</b>	<b>2.49</b>	<b>3.00</b>			
<b>3.52</b>	<b>4.01</b>	<b>4.13</b>	<b>3.10</b>	<b>3.18</b>	<b>3.28</b>			
<b>4.07</b>	<b>4.16</b>	<b>4.28</b>	<b>3.40</b>	<b>3.49</b>	<b>4.00</b>			
<b>4.22</b>	<b>4.31</b>	<b>4.43</b>	<b>4.10</b>	<b>4.19</b>	<b>4.30</b>			
<b>4.37</b>	<b>4.46</b>	<b>4.58</b>	<b>4.40</b>	<b>4.49</b>	<b>5.00</b>			
<b>4.52</b>	<b>5.01</b>	<b>5.13</b>	<b>5.10</b>	<b>5.19</b>	<b>5.30</b>			
<b>5.07</b>	<b>5.16</b>	<b>5.28</b>	<b>5.40</b>	<b>5.49</b>	<b>6.00</b>			
<b>5.22</b>	<b>5.31</b>	<b>5.43</b>	<b>6.10</b>	<b>6.19</b>	<b>6.30</b>			
<b>5.37</b>	<b>5.46</b>	<b>5.58</b>	<b>6.40</b>	<b>6.49</b>	<b>7.00</b>			
<b>5.52</b>	<b>6.01</b>	<b>6.13</b>	<b>7.10</b>	<b>7.19</b>	<b>7.30</b>			
<b>6.07</b>	<b>6.16</b>	<b>6.28</b>	<b>7.40</b>	<b>7.49</b>	<b>8.00</b>			
<b>6.22</b>	<b>6.31</b>	<b>6.43</b>	<b>8.10</b>	<b>8.19</b>	<b>8.30</b>			
<b>6.37</b>	<b>6.46</b>	<b>6.56</b>	<b>8.40</b>	<b>8.49</b>	<b>9.00</b>			
<b>6.52</b>	<b>7.01</b>	<b>7.11</b>	<b>9.10</b>	<b>9.19</b>	<b>9.30</b>			
<b>7.07</b>	<b>7.16</b>	<b>7.26</b>	<b>9.40</b>	<b>9.49</b>	<b>10.00</b>			
<b>7.22</b>	<b>7.31</b>	<b>7.41</b>	<b>10.10</b>	<b>10.18</b>	<b>10.28</b>			
<b>CONTINUED ....</b>			<b>10.44</b>	<b>10.52</b>	<b>11.02</b>			

# 555 Carvolth Exchange

From Lougheed Station via Gatineau, Austin, Government, Hwy 1, 156 St offramp, Hwy 1, 202 St to Carvolth Exchange.

Lougheed Station Bay 8	Hwy 1 offramp at 156 St (E) #61960	Carvolth Exchange (E)	Lougheed Station Bay 8	Hwy 1 offramp at 156 St (E) #61960	Carvolth Exchange (E)	Lougheed Station Bay 8	Hwy 1 offramp at 156 St (E) #61960	Carvolth Exchange (E)
<b>MONDAY TO FRIDAY</b>			<b>MONDAY TO FRIDAY</b>			<b>SUNDAY &amp; HOLIDAYS</b>		
5.26	5.35	5.45	. . . . CONTINUED			8.06	8.15	8.24
5.41	5.50	6.00	9.10	9.19	9.28	8.36	8.45	8.54
5.56	6.05	6.15	9.40	9.49	9.58	9.06	9.15	9.24
6.11	6.20	6.30	10.10	10.19	10.28	9.36	9.45	9.54
6.27	6.36	6.46	10.40	10.49	10.58	10.06	10.15	10.24
6.43	6.52	7.02	11.10	11.19	11.28	10.36	10.45	10.54
6.58	7.09	7.19				11.06	11.15	11.24
7.13	7.24	7.34				11.36	11.45	11.54
7.29	7.40	7.50				12.06	12.16	12.26
7.44	7.55	8.05				12.36	12.46	12.56
7.59	8.10	8.20				1.06	1.16	1.26
8.14	8.25	8.35				1.36	1.46	1.56
8.29	8.40	8.50				2.06	2.16	2.26
8.44	8.55	9.05				2.36	2.46	2.56
9.10	9.19	9.29				3.06	3.16	3.26
9.40	9.49	9.59	<b>SATURDAY</b>			3.36	3.46	3.56
10.10	10.19	10.29	7.06	7.15	7.24	4.06	4.16	4.26
10.40	10.49	10.59	7.36	7.45	7.54	4.36	4.46	4.56
11.10	11.19	11.29	8.06	8.15	8.24	5.06	5.16	5.26
11.40	11.49	11.59	8.36	8.45	8.54	5.36	5.46	5.56
12.10	12.19	12.29	9.06	9.15	9.24	6.06	6.16	6.26
12.40	12.49	12.59	9.36	9.45	9.54	6.36	6.46	6.56
1.10	1.19	1.29	10.06	10.15	10.24	7.06	7.16	7.26
1.40	1.51	2.01	10.36	10.45	10.54	7.36	7.46	7.56
2.10	2.21	2.31	11.06	11.15	11.24	8.06	8.15	8.24
2.40	2.51	3.01	11.36	11.45	11.54	8.36	8.45	8.54
3.07	3.18	3.28	12.06	12.15	12.24	9.06	9.15	9.24
3.22	3.33	3.44	12.36	12.45	12.54	9.36	9.45	9.54
3.37	3.48	3.59	1.06	1.16	1.26	10.06	10.15	10.24
3.52	4.03	4.14	1.36	1.46	1.56	10.36	10.45	10.54
4.07	4.19	4.31	2.06	2.16	2.26	11.06	11.15	11.24
4.22	4.34	4.46	2.36	2.46	2.56			
4.37	4.49	5.01	3.06	3.16	3.26			
4.52	5.04	5.16	3.36	3.46	3.56			
5.07	5.19	5.31	4.06	4.16	4.26			
5.22	5.34	5.46	4.36	4.46	4.56			
5.37	5.49	6.00	5.06	5.16	5.26			
5.52	6.03	6.13	5.36	5.46	5.56			
6.07	6.18	6.28	6.06	6.16	6.26			
6.22	6.33	6.43	6.36	6.46	6.56			
6.37	6.48	6.58	7.06	7.16	7.26			
6.52	7.03	7.13	7.36	7.46	7.56			
7.07	7.16	7.26	8.06	8.16	8.26			
7.22	7.31	7.41	8.36	8.46	8.56			
7.37	7.46	7.56	9.06	9.15	9.24			
7.52	8.01	8.11	9.36	9.45	9.54			
8.16	8.25	8.35	10.06	10.15	10.24			
8.40	8.49	8.59	10.36	10.45	10.54			
CONTINUED . . .			11.06	11.17	11.26			