**Effective - September 3, 2018**

# 183 Moody Centre Station

From Coquitlam Central Station via access road, Mariner, Barnet, Pinetree (Lincoln Station, Lafarge Lake-Douglas Station), Robson, Johnson, Panorama, left on Forest Park Way, David, Heritage Mountain Blvd, loco Rd (Inlet Centre Station), St Johns, Williams to Moody Centre Station.

| Coquitlam Central Station Bay 5 | Panorama at Lansdowne #58869 | David at Heritage Woods Secondary (E) #58888 | Moody Centre Station (E) |
|---|---|---|---|
| **MONDAY TO FRIDAY** | | | |
| 4.40 | 4.53 | 4.59 | 5.09 |
| 5.02 | 5.15 | 5.21 | 5.31 |
| 5.22 | 5.35 | 5.41 | 5.51 |
| 5.38 | 5.51 | 5.57 | 6.07 |
| 5.53 | 6.06 | 6.12 | 6.22 |
| 6.08 | 6.21 | 6.27 | 6.37 |
| 6.23 | 6.36 | 6.42 | 6.52 |
| 6.36 | 6.49 | 6.56 | 7.08 |
| 6.51 | 7.04 | 7.11 | 7.23 |
| 7.06 | 7.19 | 7.26 | 7.38 |
| 7.20 | 7.33 | 7.40 | 7.52 |
| 7.32 | 7.47 | 7.54 | 8.06 |
| 7.46 | 8.01 | 8.08 | 8.20 |
| 8.00 | 8.15 | 8.22 | 8.34 |
| 8.20 | 8.35 | 8.42 | 8.54 |
| 8.40 | 8.55 | 9.02 | 9.14 |
| 9.10 | 9.26 | 9.33 | 9.44 |
| 9.40 | 9.56 | 10.03 | 10.14 |
| 10.10 | 10.26 | 10.33 | 10.44 |
| 10.40 | 10.56 | 11.03 | 11.14 |
| 11.10 | 11.26 | 11.33 | 11.44 |
| 11.40 | 11.57 | **12.04** | **12.15** |
| **12.10** | **12.27** | **12.34** | **12.45** |
| **12.40** | **12.57** | **1.04** | **1.15** |
| **1.10** | **1.27** | **1.34** | **1.45** |
| **1.40** | **1.59** | **2.06** | **2.17** |
| **2.10** | **2.29** | **2.36** | **2.47** |
| **2.38** | **2.58** | **3.05** | **3.18** |
| **2.58** | **3.18** | **3.25** | **3.38** |
| **3.18** | **3.38** | **3.45** | **3.58** |
| **3.37** | **3.57** | **4.04** | **4.17** |
| **3.52** | **4.11** | **4.18** | **4.29** |
| **4.07** | **4.26** | **4.33** | **4.44** |
| **4.22** | **4.41** | **4.48** | **4.59** |
| **4.34** | **4.54** | **5.01** | **5.12** |
| **4.46** | **5.06** | **5.13** | **5.24** |
| **4.59** | **5.19** | **5.26** | **5.37** |
| **5.13** | **5.33** | **5.40** | **5.51** |
| **5.29** | **5.47** | **5.53** | **6.04** |
| **5.44** | **6.02** | **6.08** | **6.19** |
| **6.02** | **6.20** | **6.26** | **6.37** |
| **6.20** | **6.38** | **6.44** | **6.55** |
| **6.40** | **6.58** | **7.04** | **7.15** |
| **7.10** | **7.28** | **7.34** | **7.45** |
| **7.40** | **7.58** | **8.03** | **8.13** |
| **8.10** | **8.26** | **8.31** | **8.41** |
| **8.40** | **8.55** | **9.00** | **9.10** |
| **9.10** | **9.25** | **9.30** | **9.40** |
| **9.40** | **9.55** | **10.00** | **10.10** |
| **10.10** | **10.25** | **10.30** | **10.40** |
| **10.40** | **10.55** | **11.00** | **11.10** |
| **11.10** | **11.25** | **11.30** | **11.40** |
| **11.40** | **11.55** | 12.00 | 12.10 |
| 12.10 | 12.25 | 12.30 | 12.40 |
| 12.40 | 12.55 | 1.00 | 1.10 |
| 1.10 | 1.25 | 1.30 | 1.40 |
| 1.40 | 1.55 | 2.00 | 2.10 |

| Coquitlam Central Station Bay 5 | Panorama at Lansdowne #58869 | David at Heritage Woods Secondary (E) #58888 | Moody Centre Station (E) |
|---|---|---|---|
| **SATURDAY** | | | |
| 5.20 | 5.33 | 5.39 | 5.50 |
| 5.50 | 6.03 | 6.09 | 6.20 |
| 6.20 | 6.33 | 6.39 | 6.50 |
| 6.50 | 7.03 | 7.09 | 7.20 |
| 7.20 | 7.33 | 7.39 | 7.50 |
| 7.50 | 8.03 | 8.09 | 8.20 |
| 8.20 | 8.33 | 8.39 | 8.50 |
| 8.50 | 9.05 | 9.11 | 9.22 |
| 9.20 | 9.35 | 9.41 | 9.52 |
| 9.50 | 10.05 | 10.11 | 10.22 |
| 10.20 | 10.35 | 10.41 | 10.52 |
| 10.50 | 11.05 | 11.11 | 11.22 |
| 11.20 | 11.35 | 11.41 | 11.52 |
| 11.50 | **12.06** | **12.12** | **12.23** |
| **12.20** | **12.36** | **12.42** | **12.53** |
| **12.50** | **1.06** | **1.12** | **1.23** |
| **1.20** | **1.36** | **1.42** | **1.53** |
| **1.50** | **2.06** | **2.12** | **2.23** |
| **2.20** | **2.36** | **2.42** | **2.53** |
| **2.50** | **3.07** | **3.14** | **3.25** |
| **3.18** | **3.35** | **3.42** | **3.53** |
| **3.48** | **4.05** | **4.12** | **4.23** |
| **4.18** | **4.35** | **4.42** | **4.53** |
| **4.48** | **5.05** | **5.12** | **5.23** |
| **5.18** | **5.35** | **5.42** | **5.53** |
| **5.48** | **6.05** | **6.12** | **6.23** |
| **6.18** | **6.35** | **6.42** | **6.53** |
| **6.50** | **7.06** | **7.12** | **7.23** |
| **7.20** | **7.36** | **7.42** | **7.53** |
| **7.50** | **8.06** | **8.12** | **8.23** |
| **8.20** | **8.36** | **8.42** | **8.53** |
| **8.50** | **9.06** | **9.12** | **9.23** |
| **9.20** | **9.36** | **9.42** | **9.53** |
| **9.50** | **10.06** | **10.12** | **10.23** |
| **10.20** | **10.36** | **10.42** | **10.53** |
| **10.50** | **11.06** | **11.12** | **11.23** |
| **11.20** | **11.36** | **11.42** | **11.53** |
| **11.50** | 12.06 | 12.12 | 12.23 |
| 12.20 | 12.36 | 12.42 | 12.53 |
| 12.50 | 1.06 | 1.12 | 1.23 |
| 1.20 | 1.36 | 1.42 | 1.53 |

| Coquitlam Central Station Bay 5 | Panorama at Lansdowne #58869 | David at Heritage Woods Secondary (E) #58888 | Moody Centre Station (E) |
|---|---|---|---|
| **SUNDAY & HOLIDAYS** | | | |
| 5.20 | 5.33 | 5.39 | 5.49 |
| 5.50 | 6.03 | 6.09 | 6.19 |
| 6.20 | 6.33 | 6.39 | 6.49 |
| 6.50 | 7.03 | 7.10 | 7.21 |
| 7.20 | 7.33 | 7.40 | 7.51 |
| 7.50 | 8.03 | 8.10 | 8.21 |
| 8.20 | 8.33 | 8.40 | 8.51 |
| 8.50 | 9.03 | 9.10 | 9.21 |
| 9.20 | 9.34 | 9.41 | 9.52 |
| 9.50 | 10.04 | 10.11 | 10.22 |
| 10.20 | 10.34 | 10.41 | 10.52 |
| 10.50 | 11.04 | 11.11 | 11.22 |
| 11.20 | 11.34 | 11.41 | 11.52 |
| 11.50 | **12.05** | **12.12** | **12.23** |
| **12.20** | **12.35** | **12.42** | **12.53** |
| **12.50** | **1.05** | **1.12** | **1.23** |
| **1.20** | **1.35** | **1.42** | **1.53** |
| **1.50** | **2.05** | **2.12** | **2.23** |
| **2.20** | **2.35** | **2.42** | **2.53** |
| **2.50** | **3.05** | **3.12** | **3.23** |
| **3.20** | **3.35** | **3.42** | **3.53** |
| **3.50** | **4.05** | **4.12** | **4.23** |
| **4.20** | **4.35** | **4.42** | **4.53** |
| **4.50** | **5.05** | **5.12** | **5.23** |
| **5.20** | **5.35** | **5.42** | **5.53** |
| **5.50** | **6.05** | **6.12** | **6.23** |
| **6.20** | **6.35** | **6.42** | **6.53** |
| **6.50** | **7.04** | **7.10** | **7.20** |
| **7.20** | **7.34** | **7.40** | **7.50** |
| **7.50** | **8.04** | **8.10** | **8.20** |
| **8.20** | **8.33** | **8.39** | **8.49** |
| **8.50** | **9.03** | **9.09** | **9.19** |
| **9.20** | **9.33** | **9.39** | **9.49** |
| **9.50** | **10.03** | **10.09** | **10.19** |
| **10.20** | **10.33** | **10.39** | **10.49** |
| **10.50** | **11.03** | **11.09** | **11.19** |
| **11.20** | **11.33** | **11.39** | **11.49** |
| **11.50** | 12.03 | 12.09 | 12.19 |
| 12.20 | 12.33 | 12.39 | 12.49 |
| 12.50 | 1.03 | 1.09 | 1.19 |

**Effective - September 3, 2018**

# 183 Coquitlam Central Station

From Moody Centre Station via Hugh, St Johns, loco (Inlet Centre Station), Heritage Mountain Blvd, David, Forest Park Way, right on Panorama, Johnson, Robson, Pinetree (Lafarge Lake-Douglas Station, Lincoln Station), Lougheed Hwy to Coquitlam Central Station.

| Moody Centre Station Bay 3 | David at Heritage Woods Secondary (E) #58889 | Panorama at Lansdowne #53923 | Coquitlam Central Station (E) |
|---|---|---|---|
| **MONDAY TO FRIDAY** | | | |
| 4.30 | 4.40 | 4.47 | 4.59 |
| 5.00 | 5.10 | 5.17 | 5.29 |
| 5.20 | 5.30 | 5.37 | 5.49 |
| 5.36 | 5.46 | 5.53 | 6.05 |
| 5.51 | 6.01 | 6.08 | 6.20 |
| 6.05 | 6.15 | 6.22 | 6.35 |
| 6.19 | 6.29 | 6.36 | 6.49 |
| 6.34 | 6.44 | 6.51 | 7.05 |
| 6.50 | 7.01 | 7.09 | 7.23 |
| 7.03 | 7.14 | 7.22 | 7.36 |
| 7.18 | 7.29 | 7.37 | 7.52 |
| 7.32 | 7.43 | 7.51 | 8.06 |
| 7.46 | 7.58 | 8.06 | 8.21 |
| 8.00 | 8.13 | 8.22 | 8.37 |
| 8.24 | 8.38 | 8.47 | 9.02 |
| 8.44 | 8.56 | 9.05 | 9.19 |
| 9.04 | 9.16 | 9.25 | 9.41 |
| 9.30 | 9.42 | 9.51 | 10.07 |
| 10.00 | 10.12 | 10.21 | 10.37 |
| 10.30 | 10.43 | 10.52 | 11.05 |
| 11.00 | 11.13 | 11.22 | 11.35 |
| 11.30 | 11.43 | 11.52 | **12.05** |
| **12.00** | **12.13** | **12.22** | **12.35** |
| **12.30** | **12.43** | **12.52** | **1.05** |
| **1.00** | **1.13** | **1.22** | **1.35** |
| **1.30** | **1.43** | **1.52** | **2.05** |
| **2.00** | **2.13** | **2.22** | **2.35** |
| **2.30** | **2.43** | **2.52** | **3.07** |
| **3.00** | **3.14** | **3.24** | **3.39** |
| **3.20** | **3.34** | **3.44** | **3.59** |
| **3.32** | **3.46** | **3.56** | **4.11** |
| **3.50** | **4.04** | **4.14** | **4.29** |
| **4.05** | **4.19** | **4.29** | **4.44** |
| **4.20** | **4.34** | **4.44** | **4.59** |
| **4.35** | **4.49** | **4.59** | **5.13** |
| **4.50** | **5.04** | **5.14** | **5.28** |
| **5.05** | **5.20** | **5.30** | **5.45** |
| **5.20** | **5.35** | **5.45** | **6.00** |
| **5.35** | **5.50** | **6.00** | **6.15** |
| **5.50** | **6.05** | **6.15** | **6.30** |
| **6.05** | **6.19** | **6.29** | **6.42** |
| **6.20** | **6.32** | **6.41** | **6.54** |
| **6.46** | **6.58** | **7.07** | **7.20** |
| **7.01** | **7.11** | **7.19** | **7.32** |
| **7.30** | **7.40** | **7.48** | **8.01** |
| **8.00** | **8.10** | **8.17** | **8.30** |
| **8.30** | **8.40** | **8.47** | **9.00** |
| **9.00** | **9.10** | **9.17** | **9.30** |
| **9.30** | **9.40** | **9.47** | **10.00** |
| **10.00** | **10.10** | **10.17** | **10.28** |
| **10.30** | **10.40** | **10.47** | **10.58** |
| **11.00** | **11.10** | **11.17** | **11.28** |
| **11.30** | **11.40** | **11.47** | **11.58** |
| 12.00 | 12.10 | 12.17 | 12.28 |
| 12.30 | 12.40 | 12.47 | 12.58 |
| 1.00 | 1.10 | 1.17 | 1.28 |
| 1.30 | 1.40 | 1.47 | 1.58 |
| 2.00 | 2.10 | 2.17 | 2.28 |

| Moody Centre Station Bay 3 | David at Heritage Woods Secondary (E) #58889 | Panorama at Lansdowne #53923 | Coquitlam Central Station (E) |
|---|---|---|---|
| **SATURDAY** | | | |
| 5.30 | 5.40 | 5.47 | 5.59 |
| 6.00 | 6.10 | 6.17 | 6.30 |
| 6.30 | 6.40 | 6.47 | 7.01 |
| 7.00 | 7.11 | 7.19 | 7.32 |
| 7.30 | 7.41 | 7.49 | 8.02 |
| 8.00 | 8.12 | 8.20 | 8.33 |
| 8.30 | 8.42 | 8.50 | 9.03 |
| 9.00 | 9.12 | 9.20 | 9.33 |
| 9.30 | 9.42 | 9.50 | 10.03 |
| 10.00 | 10.12 | 10.20 | 10.33 |
| 10.30 | 10.42 | 10.50 | 11.03 |
| 11.00 | 11.12 | 11.20 | 11.33 |
| 11.30 | 11.42 | 11.50 | **12.03** |
| **12.00** | **12.12** | **12.20** | **12.33** |
| **12.30** | **12.42** | **12.50** | **1.03** |
| **1.00** | **1.12** | **1.20** | **1.33** |
| **1.30** | **1.42** | **1.50** | **2.03** |
| **2.00** | **2.12** | **2.20** | **2.33** |
| **2.30** | **2.42** | **2.50** | **3.03** |
| **3.00** | **3.13** | **3.22** | **3.35** |
| **3.30** | **3.43** | **3.52** | **4.05** |
| **3.58** | **4.11** | **4.20** | **4.33** |
| **4.28** | **4.41** | **4.50** | **5.03** |
| **4.58** | **5.11** | **5.20** | **5.34** |
| **5.28** | **5.41** | **5.50** | **6.04** |
| **5.58** | **6.11** | **6.20** | **6.34** |
| **6.28** | **6.40** | **6.49** | **7.02** |
| **6.58** | **7.10** | **7.19** | **7.32** |
| **7.30** | **7.40** | **7.48** | **8.01** |
| **8.00** | **8.10** | **8.17** | **8.30** |
| **8.30** | **8.40** | **8.47** | **9.00** |
| **9.00** | **9.10** | **9.17** | **9.30** |
| **9.30** | **9.40** | **9.47** | **10.00** |
| **10.00** | **10.10** | **10.17** | **10.30** |
| **10.30** | **10.40** | **10.47** | **11.00** |
| **11.00** | **11.10** | **11.17** | **11.30** |
| **11.30** | **11.40** | **11.47** | 12.00 |
| 12.00 | 12.10 | 12.17 | 12.30 |
| 12.30 | 12.40 | 12.47 | 1.00 |
| 1.00 | 1.10 | 1.17 | 1.30 |
| 1.30 | 1.40 | 1.47 | 2.00 |
| 2.00 | 2.10 | 2.17 | 2.30 |

| Moody Centre Station Bay 3 | David at Heritage Woods Secondary (E) #58889 | Panorama at Lansdowne #53923 | Coquitlam Central Station (E) |
|---|---|---|---|
| **SUNDAY & HOLIDAYS** | | | |
| 5.30 | 5.40 | 5.47 | 5.59 |
| 5.58 | 6.08 | 6.15 | 6.27 |
| 6.28 | 6.38 | 6.45 | 6.58 |
| 6.58 | 7.09 | 7.17 | 7.30 |
| 7.28 | 7.39 | 7.47 | 8.00 |
| 7.58 | 8.10 | 8.18 | 8.31 |
| 8.28 | 8.40 | 8.48 | 9.01 |
| 8.58 | 9.10 | 9.18 | 9.31 |
| 9.28 | 9.40 | 9.48 | 10.01 |
| 9.58 | 10.10 | 10.18 | 10.31 |
| 10.28 | 10.40 | 10.48 | 11.01 |
| 10.58 | 11.10 | 11.18 | 11.31 |
| 11.28 | 11.40 | 11.48 | **12.01** |
| 11.58 | **12.10** | **12.18** | **12.31** |
| **12.28** | **12.40** | **12.48** | **1.01** |
| **12.58** | **1.10** | **1.18** | **1.31** |
| **1.28** | **1.40** | **1.48** | **2.01** |
| **1.58** | **2.10** | **2.18** | **2.31** |
| **2.28** | **2.40** | **2.48** | **3.01** |
| **2.58** | **3.10** | **3.18** | **3.31** |
| **3.28** | **3.41** | **3.50** | **4.03** |
| **3.58** | **4.11** | **4.20** | **4.33** |
| **4.28** | **4.41** | **4.50** | **5.03** |
| **4.57** | **5.10** | **5.19** | **5.33** |
| **5.28** | **5.41** | **5.50** | **6.04** |
| **5.58** | **6.11** | **6.20** | **6.34** |
| **6.28** | **6.40** | **6.49** | **7.02** |
| **6.58** | **7.10** | **7.19** | **7.32** |
| **7.30** | **7.40** | **7.48** | **8.01** |
| **8.00** | **8.10** | **8.17** | **8.30** |
| **8.30** | **8.40** | **8.47** | **9.00** |
| **9.00** | **9.10** | **9.17** | **9.30** |
| **9.30** | **9.40** | **9.47** | **10.00** |
| **10.00** | **10.10** | **10.17** | **10.30** |
| **10.30** | **10.40** | **10.47** | **11.00** |
| **11.00** | **11.10** | **11.17** | **11.30** |
| **11.30** | **11.40** | **11.47** | 12.00 |
| 12.00 | 12.10 | 12.17 | 12.30 |
| 12.30 | 12.40 | 12.47 | 1.00 |
| 1.00 | 1.10 | 1.17 | 1.30 |